

VITA

SARA GABLE

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**Education**

- B.S. 1986      Family and Human Development, Utah State University (1986)  
*Emphasis Area: Children in Group Care Settings*
- M.S. 1989      Family and Human Development, Utah State University (1989)  
*Thesis: An Investigation of Stability, Change, and Observed Associations during Infant-Mother Face-to-Face Interaction*
- Ph.D. 1993      Human Development and Family Studies, The Pennsylvania State University (1993)  
*Dissertation: An Observational Study of the Coparenting Alliance*

**Professional Experience**

- Summer, 1986      Undergraduate Internship, *Syntex Corporation's* Employer-Supported Child Care Program, Palo Alto, CA
- 1986-1989      Child Development Lab Instructor, Department of Family and Human Development, Utah State University
- 1987-1989      Research Assistant (*Infant and Family Development Project*), Department of Family and Human Development, Utah State University
- 1989-1993      Research Assistant, Child and Family Development Project (*Family Stress and Conflict: The Terrible Twos*; 1R01MH044604), Department of Human Development and Family Studies, Penn State University
- 1994-1996      Post-doctoral Project Coordinator, *Mom-Kid Trial* (MCJ-290635-01), Department of Psychology, University of Missouri, Columbia
- 1995-1996      Research Assistant Professor, Department of Psychology, University of Missouri, Columbia
- 1996-2002      Assistant Professor and State Extension Specialist, Department of Human Development and Family Studies, University of Missouri, Columbia
- 2002-2010      Associate Professor and State Extension Specialist, Department of Human Development and Family Studies, University of Missouri, Columbia
- 2008 – 2010      Adjunct Faculty, Department of Nutritional Sciences, University of Missouri, Columbia
- 2010 -2020      Associate Professor and State Extension Specialist, Department of Nutrition and Exercise Physiology, University of Missouri, Columbia

2014 – present	Faculty Affiliate, Department of Women’s and Gender Studies, University of Missouri, Columbia
2016 – 2019	Faculty Fellow, Office of Research and Economic Development, University of Missouri, Columbia
2020 - present	Director, Institute of Public Policy, Harry S Truman School of Government and Public Affairs, University of Missouri, Columbia
2024 - present	Associate Professor, Harry S Truman School of Government and Public Affairs, University of Missouri, Columbia

## Professional Honors

1992-1993	<i>Herman G. Fisher Graduate Fellowship</i> , The Pennsylvania State University
1996	National Data Archives on Child Abuse and Neglect - Summer Research Institute Participant, Cornell University
1997	Provost's Faculty Development Retreat, University of Missouri, Columbia
1999	Provost Award for Creative Extension Programming by New Faculty, University of Missouri, Columbia
2007	Invited Participant, University of California, Berkeley, Center for the Study of Child Care Employment, <i>National Strategy Session: Early Education and Child Care Workforce Development</i>
2015	Campus-based Specialist Award: Human Environmental Sciences Extension, University of Missouri, Columbia
2015	Teamwork Award: University of Missouri Extension ( <i>Child Care Provider Training in East Central Region</i> )

## Publications

### Book

Gable, S. (2014). *The States of Child Care: Building a Better System*. New York, NY: Teachers College Press.

Reviews: *Harvard Educational Review* (2014) 84 (4): 559–562. <https://doi.org/10.17763/1943-5045-84.4.559> ;  
<http://www.tcrecord.org/books/Content.asp?ContentId=18181> ;

### Book-Related Creative Activities

Cover Story Interview with *Christian Science Monitor*:

<http://www.csmonitor.com/USA/Society/2015/0405/How-parents-cope-with-America-s-child-care-crisis>

Policy Brief (April, 2015). *America’s Fragmented Child Care and Early Education System*.

<https://sites.utexas.edu/contemporaryfamilies/2015/04/13/ccf-briefing-report-fragmented-child-care/>

Articles and Book Chapters (\* notable media coverage; student co-author)

Geary, D. C., Simsek, E., Gable, S., Booker, J. A., Nugent, L., & Hoard, M. K. (in press). *Complexity of parental number talk predicts preschoolers' gains in cardinal knowledge*. Scientific Reports.

Dicke, R., Johnson, E., Schmitt, C., Mayfield, W., & Gable, S. (in press). *Challenges encountered during the initial child care licensing process in one midwestern state*. Early Childhood Education Journal.

Taylor, E., Zars, J., Tiwari, M., Hansen, J., Schmitt, C., & Gable, S. (2025). Community reentry characteristics associated with outcomes over five years for individuals on probation and parole. *Justice, Opportunities, and Rehabilitation*.  
<https://doi.org/10.1080/10509674.2024.2443899>

Mayfield, W. A., Tiwari, M., Knight, E. M., Ralston, J. S., DeSpain, R., & Gable, S. (2025). Participation in the Missouri Parents as Teachers Parent Education Program and third grade math and English language arts proficiency. *Early Childhood Research Quarterly*.  
<https://doi.org/10.1016/j.ecresq.2024.10.005>

Haselswerdt, J., Ressel, K., Harcourt, E., Gable, S., & Quinn, K. (2024). Provider capacity during Medicaid expansion and a public health emergency. *The American Journal of Managed Care*, 30(12). <https://www.ajmc.com/view/provider-capacity-during-medicaid-expansion-and-a-public-health-emergency>

Gable, S., Holliday, A., Zars, J., Simelus, S., Nickell, A., & Anderson, B. (2024). Intergenerational conflict, contact with biological parents, and child functioning in kinship caregiver families. *Children and Youth Services Review*. <https://doi.org/10.1016/j.childyouth.2024.107581>

Gable, S., & Fozi, A. M. (2024). Prevalence of number, number relations, and number operations indicators in State Early Learning Standards. *Early Childhood Education Journal*, 52, 1841-1852. <https://doi.org/10.1007/s10643-023-01524-5>

Gable, S., Fozi, A. M., & Moore, A. M. (2021). A physically-active approach to early number learning. *Early Childhood Education Journal*, 49(3), 515-526. <https://doi.org/10.1007/s10643-020-01093-x>

Brueggemann, A., & Gable, S. (2018). Preschoolers' selective sustained attention and numeracy skills and knowledge. *Journal of Experimental Child Psychology*, 171, 138-147.  
<https://doi.org/10.1016/j.jecp.2018.02.001>

Gable, S. (2018). Obesity and school achievement in children and youth. In H.E. Fitzgerald & V. Mousouli (Eds.) *Obesity in America: Development and Prevention* (Second Edition; Vol 2, pp. ). Westport, CT: Praeger Press.

Arteaga, I., Heflin, C., & Gable, S. (2016). The impact of aging out of WIC on food security in households with children. *Children and Youth Services Review*, 69, 82-96.  
<https://doi.org/10.1016/j.childyouth.2016.07.015>

- Heflin, C., Arteaga, I., & Gable, S. (2015). The Child and Adult Care Food Program and food insecurity. *Social Service Review*, 89(1), 77-98. <https://doi.org/10.1086/679760>
- Gable, S., & Tosh, A. (2014). In the clinic with children, youth, and parents: Screening for obesity risk with the spectrum of physical activity. *Missouri Medicine: The Journal of the MO State Medical Association*.
- Chang, Y., & Gable, S. (2013). Predicting weight status stability and change from fifth grade to eighth grade: The significant role of adolescents' social-emotional wellbeing. *Journal of Adolescent Health*, 52, 448-455. <https://doi.org/10.1016/j.jadohealth.2012.09.005>
- \* Gable, S., Krull, J.L., & Chang, Y. (2012). Boys' and girls' weight status and math performance from kindergarten entry through fifth grade: A mediated analysis. *Child Development*, 83(5), 1822-1839. <https://doi.org/10.1111/j.1467-8624.2012.01803.x>
- Gable, S., Rothrauff, T. C., Thornburg, K. R., & Mauzy, D. (2010). Analysis of ongoing participation in an early childhood workforce cash incentive program in the United States. *Early Child Development and Care*, 180(6), 719-734. <https://doi.org/10.1080/03004430802269018>
- \* Gable, S., Krull, J. L., & Chang, Y. (2009). Implications of overweight onset and persistence for social and behavioral development between Kindergarten entry and 3<sup>rd</sup> grade. *Applied Developmental Science*, 13(2), 88 - 103. <https://doi.org/10.1080/10888690902801970>
- Gables, S., Britt-Rankin, J., & Krull, J. L. (June, 2008). *Ecological predictors and developmental outcomes of persistent childhood overweight*. Contractor and Cooperator Report No. 42. United States Department of Agriculture, Economic Research Service: Washington, DC. <https://ageconsearch.umn.edu/record/292017/?v=pdf>
- Gable, S., Krull, J., & Srikanta, A. (2008). Childhood overweight and academic achievement. In H.E. Fitzgerald & V. Mousouli (Eds.) *Obesity in America: Development and Prevention* (Vol 2; pp. 49 - 71). Westport, CT: Praeger Press.
- Gable, S., Rothrauff, T., Thornburg, K., & Mauzy, D. (2007). Cash incentives and turnover in center-based child care staff. *Early Childhood Research Quarterly*, 22, 363 - 378. <https://doi.org/10.1016/j.ecresq.2007.06.002>
- Hansen, J. & Gable, S. (July, 2007). Challenges and rewards: Developing an entry-level early childhood training program. *Young Children*, 62(4), 46-52.
- \* Gable, S., Chang, Y., & Krull, J. L. (2007). Television watching and frequency of family meals are predictive of overweight onset and persistence in a national sample of school-age children. *Journal of the American Dietetic Association*, 107(1): 53-61. <https://doi.org/10.1016/j.jada.2006.10.010>
- Gable, S. & Halliburton, A. (2003). Barriers to child care providers' professional development. *Child and Youth Care Forum*, 32(3), 175-193. <https://doi.org/10.1023/A:1023300609394>
- Gable, S. (2002). Teacher-child relationships throughout the day. *Young Children*, 57(4), 42-46.

- Gable, S. & Hunting, M. (2001). Child care providers' organizational commitment: A test of the investment model. *Child and Youth Care Forum*, 30(5), 265-281.  
<https://doi.org/10.1023/A:1014425310598>
- Cooney, T. & Gable, S. (2001). Chores. In J. Lerner and R. Lerner (Eds.), *Today's teenagers: Adolescence in America*. Denver: ABC-CLIO.
- Gable, S. & Hansen, J. (2001). Child care provider perspectives on the role of education and training for quality caregiving. *Early Child Development and Care*, 166, 39-52.  
<https://doi.org/10.1080/0300443011660104>
- Gable, S. & Lutz, S. (2001). Nutrition socialization experiences of children in the Head Start program. *Journal of the American Dietetic Association*, 101, 572-577.  
[https://doi.org/10.1016/S0002-8223\(01\)00143-2](https://doi.org/10.1016/S0002-8223(01)00143-2)
- Gable, S. & Lutz, S. (2000). Household, parent, and child contributions to childhood obesity. *Family Relations*, 49, 293-300. <https://doi.org/10.1111/j.1741-3729.2000.00293.x>
- Gable, S. & Cole, K. (2000). Parent's child care arrangements and their ecological correlates. *Early Education and Development*, 11, 549-572. [https://doi.org/10.1207/s15566935eed1105\\_2](https://doi.org/10.1207/s15566935eed1105_2)
- Gable, S. (September, 1999). Promote children's literacy with poetry. *Young Children*, 12-15.
- Gable, S., & Hunting, M. (1999). Community-based child care provider training: The highs and the lows. *Early Childhood Education Journal*, 27, 57-63. DOI: 10.1023/A:1026079725770
- Fine, M., Coleman, M., Gable, S., Ganong, L., Ispa, J., Morrison, J., & Thornburg, K.R. (1999). Research-based parenting education for divorcing parents: A university-community collaboration. *Serving children and families through community-university partnerships: Success stories*, pp. 249-256. Norwel, MA: Kluwer.
- Peterson, L., & Gable, S. (1998). Holistic injury prevention. In J.R. Lutzker (Ed.), *Child abuse: A handbook of theory, research, and treatment*. New York, NY: Plenum Press.
- Gable, S., & Peterson, L. (1998). School-age children's attributions about their own naturally occurring injuries: A process analysis. *Journal of Pediatric Psychology*, 23, 323-332.  
<https://doi.org/10.1093/jpepsy/23.5.323>
- Gable, S. (1998). School-age and adolescent children's perceptions of family functioning in neglectful and non-neglectful families. *Child Abuse and Neglect*, 9, 859-867.  
[https://doi.org/10.1016/S0145-2134\(98\)00065-9](https://doi.org/10.1016/S0145-2134(98)00065-9)
- Peterson, L., Gable, S., Doyle, C., & Ewigman, B. (1997). Beyond parenting skills: Battling barriers and building bonds to prevent child abuse and neglect. *Cognitive and Behavioral Practice*, 4, 53-74. [https://doi.org/10.1016/S1077-7229\(97\)80012-0](https://doi.org/10.1016/S1077-7229(97)80012-0)
- Peterson, L., Gable, S., & Saldana, L. (1996). Treatment of maternal addiction to prevent child abuse and neglect. *Addictive Behaviors*, 21, 789-901. [https://doi.org/10.1016/0306-4603\(96\)00036-6](https://doi.org/10.1016/0306-4603(96)00036-6)

- Belsky, J., Crnic, K., & Gable, S. (1995). The determinants of coparenting: Spousal differences and daily hassles. *Child Development*, 66, 629-642. <https://doi.org/10.1111/j.1467-8624.1995.tb00894.x>
- Gable, S., Belsky, J., & Crnic, K. (1995). Coparenting during the child's second year: A descriptive account. *Journal of Marriage and the Family*, 57, 609-616. <https://www.jstor.org/stable/353916>
- Gable, S., Crnic, K., & Belsky, J. (1994). Coparenting within the family system: Influences on children's development. *Family Relations*, 43, 380-386. <https://www.jstor.org/stable/585368>
- Gable, S., Belsky, J., & Crnic, K. (1992). Marriage, parenting, and child development: Progress and prospects. *Journal of Family Psychology*, 5, 276-294. <https://psycnet.apa.org/doi/10.1037/0893-3200.5.3-4.276>
- Gable, S., & Isabella, R.A. (1992). Maternal contributions to infant regulation of arousal. *Infant Behavior and Development*, 15, 95-107. [https://doi.org/10.1016/0163-6383\(92\)90009-U](https://doi.org/10.1016/0163-6383(92)90009-U)

#### Book Reviews

- Gable, S. (1999). Something for everyone [Review of the book *The heart of parenting: Raising an emotionally intelligent child*]. *Early Childhood Research Quarterly*, 14, 575-578.
- Gable, S. (2000). Review of the book *The Development of Emotional Competence*. *Journal of Social and Personal Relationships*, 17, 293-295.
- Gable, S. (2016). Review of the book *Healthy Learners: A Whole Child Approach to Reducing Disparities in Early Education*. Teachers College Record, Date Published: October 11, 2016 <http://www.tcrecord.org> ID Number: 21678, Date Accessed: 10/27/2016 12:27:45 PM.

#### Expert Reviewer

- Pew Charitable Trusts. (2017). *Healthier Nutrition Standards Benefit Kids: A health impact assessment of the Child and Adult Care Food Program's updated rules for meals and snacks*. Available at: <http://www.pewtrusts.org/en/research-and-analysis/reports/2017/09/healthier-nutrition-standards-benefit-kids>

### **Grants and Contracts**

#### Competitive

*Multisystemic approach to early math development and math learning disability*, National Institutes of Health (PI: David Geary; Co-I: Sara Gable, Jordan Booker, Jessica Rodrigues (P20 HD109951; 7/1/22-6/30/26; \$2,110,561)

*Addressing Health Inequity for Older Adults by Increasing Access to Resources for Kinship Caregivers* (PI: Angela Nickell, Bradd Anderson, MU ParentLink; sub-contract to MU IPP, Sara Gable, Project Director; 12/1/21 – 11/30/24; \$91,946)

*An Innovative Model to Increase Primary Care Physicians for Rural and Underserved Missouri*, US Health Resources and Services Administration (PI: Kathleen Quinn; Co-I: Sara Gable; 7/01/21-6/30/22; no-cost extension through 6/30/23; sub-contract to MU IPP \$370,000)

*Matching need with access: Evaluating the impact of MO Medicaid Expansion during Year 1 and Year 2*, Missouri Foundation for Health (Co-PIs Tracy Greever-Rice, Sara Gable; 5/1/21 – 4/30/24; \$525,303)

*Integrating Physical Activity with Numeracy in the Preschool Classroom*, University of Missouri Research Council (PI: Sara Gable; 2015-2017; \$5,806)

*Developing Garden-based Curriculum for Preschool Science and Math*; College of Human Environmental Sciences: Seeding Interdisciplinary Research Collaborations (PI: Sara Gable, Co-PI, Louis Manfra, Chris Murakami; 2014; \$1,500)

*The States of Child Care*, University of Missouri Research Council, Research Leave (teaching replacement costs; fall, 2012)

*Families with Hungry Children and the Transition from Preschool to Kindergarten*. PI: Colleen Heflin; Co-PIs: Sara Gable and Irma Arteaga. University of Kentucky Poverty Research Center (6/12/11 – 8/31/12; total costs: \$ 45,000)

*Youth and Screen Media in the Bedroom*. PI: Sara Gable; Co-PIs: R. Phillips, A. Tosh. College of Human Environmental Sciences: Seeding Interdisciplinary Research Collaborations (2010; \$857)

*Child Weight Status, Social Development and Academic Achievement During the Elementary School Years: A Longitudinal Analysis Using Data from the Early Childhood Longitudinal Study-Kindergarten Class of 1998 (ECLS-K)*. Project Directors: Sara Gable & Joanne Guthrie. United States Department of Agriculture, Food Assistance and Nutrition Research Programs, Cooperative Research Agreement (project period: 9/1/08 – 12/31/09; no-cost extension through 12/31/11; total costs: \$30,000)

*The States of Child Care*, University of Missouri Research Council, Research Leave and Research Council companion funding (Sara Gable; \$6,906 plus teaching replacement; 09/01/08 – 08/31/09)

*Evaluation of an ALbD Community Intervention in Columbia, MO*, Robert Wood Johnson Foundation (PI: Stephen P. Sayers; Co-I: J. LeMaster, S. Gable, L.A. Thombs, J.M. Kapp; 12/01/06 – 11/30/08; total costs: \$200,000)

*The Impact of Cash Incentives on Early Childhood Workforce Development and Program Quality*, Department of Health and Human Services, Administration for Children, Youth, and Families, Child Care Bureau (PI: Sara Gable; 01/01/05 – 12/31/06; no-cost extension through 9/30/07; direct costs: \$ 93,035)

*The Ecological Predictors and Developmental Outcomes of Persistent Childhood Obesity*, United States Department of Agriculture, Food Assistance and Nutrition Research Program (PI: Sara Gable; Co-I: Jo Britt-Rankin and Jennifer Krull; 1/1/02 - 05/31/05; total costs: \$181,485;)

*Making the Business Case for Employee Child Care Benefits*, The University of Missouri Outreach Development Fund (Project Directors, Sara Gable and Jane Hunter; 1999 – 2001; \$26,684)

*Job Commitment in Home-Based Child Care Providers*, The University of Missouri, College of Human Environmental Sciences, Margaret Mangel Research Catalyst Fund (PI: Sara Gable; 1998; \$750)

*Job Commitment in Center-Based Child Care Providers*, The University of Missouri Office of Research, Research Council Grant (PI: Sara Gable; 1998; \$2,906)

*Identification of Factors in the Family Environment that Correlate with the Development of Obesity in Children*, The University of Missouri Agricultural Experiment Station (PI: Susan Lutz; Co-I: Sara Gable; 1996 – 1998; \$3,000 per year)

*The MO Child Care Enhancement Initiative: Educational and Mentoring Opportunities for Child Care Directors*, MO Department of Health (Project Director, Sara Gable; 11/1/96 - 9/30/97; \$12,896)

*The Missouri Child Care Enhancement Initiative*, the University of Missouri Outreach Development Fund (Project Directors, Sara Gable and Jane Hunter; 1996-1997; \$9,660)

#### Non-Competitive

*Kinship Navigator Program Model Implementation*, Missouri Department of Social Services, Children's Division (PI: Sara Gable; subcontractors: Cailin Krukowski and Greg Forehand, Human Services Research Institute; 02/10/2025 – 06/30/2026; total costs: \$750,000).

*Gap Analysis to Implement the Foundational Public Health Services (FPHS) Model in Missouri*, Missouri Department of Health and Senior Services (PI: Sara Gable; Co-I: Adrienne Ohler; 01/01/23 – 12/31/26; total costs: \$975,841).

*Missouri School Climate and Culture Survey*, Missouri Department of Elementary and Secondary (PI: Wayne Mayfield; Consultant: Sara Gable; 7/01/22-6/30/23; \$150,000)

*Program Performance Evaluation Plan for MO's Preschool Development Grant*, Missouri Department of Elementary and Secondary Education (PI: Wayne Mayfield; Consultant: Sara Gable; 4/01/22-12/30/22; \$795,647)

*COVID 19's Impact on the Early Care and Education Workforce*, National Workforce Registry Alliance (PI: Wayne Mayfield; Consultant: Sara Gable; 3/01/21-12/30/21; \$9,000)

*Evaluation of Parentlink's Kinship Navigator Program*, Missouri Department of Social Services to MU Parentlink (Project Director: Sara Gable; 3/01/21-9/30/23; \$205,000)

*Child Care Health Consultation Surveys*, MO Department of Health and Senior Services (PI: Sara Gable; 03/01/07 – 09/01/07; \$1,500)



*Asthma Training Education Materials*, MO Department of Health and Senior Services (PI: Sara Gable; 01/01/07 – 06/30/07; \$1,000 total costs)

*Missouri's Early Care and Education Internet-Based System*, MO Department of Health (PI: Sara Gable; Co-I: Kathy Thornburg; 11/1/01 - 6/30/02; \$107,190)

*Workforce Incentive Pilot Program*, Ewing Marion Kauffman Foundation (PI: Kathy Thornburg; Co-I: Sara Gable; 7/1/01 - 6/30/05; \$4,243,590)

*OPEN (Opportunities for Professional Education Network) Initiative Transition*, Ewing Marion Kauffman Foundation (Project Director, Sara Gable; 6/15/00 - 6/29/01; \$49,500)

*Child Care Provider Preservice Program: Design, Implementation, and Evaluation*, MO Department of Health (Project Director, Sara Gable; 8/1/99 - 6/30/01; \$79,428)

*Statewide Child Care Provider Training Needs Assessment*, MO Department of Health (PI: Sara Gable; 5/1/98 - 11/30/98; \$69,372)

*Adult-Child Relations in Child Care Settings: College Course for Child Care Providers via Interactive Television*, MO Department of Health (Project Director, Sara Gable; 2/1/98 - 10/31/98; \$14,176)

*The MO Financial Resources for Child Care Training - Mapping Project*, Metropolitan Council on Child Care, Mid-America Regional Council (Project Director, Sara Gable; 1/97 - 8/97; \$3,550)

### **Invited Presentations**

Gable, S. (February, 2006). *Effects of persistent obesity on human capital accumulation of school children*. Presentation for annual Food Assistance Research: Recent Findings and Emerging Issues conference. Economic Research Service, U.S. Department of Agriculture, Washington, DC.

Gable, S., & Rothrauff, T., (April, 2006). *The Impact of Bi-Annual Cash Incentives on Workforce Development in Center-Based Child Care Staff*. Poster presented at the annual meeting of the Child Care Policy and Research Consortium, Washington, DC.

Gable, S. (March, 2010). *Weight bias and children's self-esteem: Causes and consequences from preschool through adolescence*. Presentation for annual Eat Smart NY conference. Albany, NY.

Gable, S. (October, 2010). *Parenting and household factors: Age 2 to 7 years*. Presentation for Early Origins of Child Obesity: Bridging Disciplines and Phases of Development. Children's Memorial Research Center, Feinberg School of Medicine, Northwestern University, Chicago, IL.

Gable, S. (February, 2013). *Family style meal service: Still best practice in child care settings?* Presentation for Department of Human Development and Family Studies, University of Illinois, Urbana-Champaign.

Gable, S. (September 22, 2014). Why the urgency? Evidence from a longitudinal study of America's children. Presentation for the annual SEC Symposium: *Prevention of Obesity: Overcoming a 21<sup>st</sup> Century Public Health Challenge*, Atlanta, GA.  
(<https://www.youtube.com/watch?v=ivmqbWR4iN8&feature=youtu.be>).

### **National Conference Presentations (Peer-Reviewed)**

- American Dietetic Association (1998)
- American Educational Research Association (2012, 2013)
- American Population Association (2012)
- American Public Health Association (2012)
- Association for Policy and Public Administration and Management (2012)
- Conference on Human Development (2000)
- Head Start National Research Conference (1996, 2000, 2004, 2008, 2012)
- International Conference on Infant Studies (1990, 1992)
- International Society for the Study of Behavioral Development (1994)
- Midwestern Psychological Association Annual Meeting (2017)
- National Association for the Education of Young Children (2001, 2012, 2016)
- National Research Conference on Early Childhood (formerly Head Start National Research Conference; 2018)
- National Youth and Children's Garden Symposium (2017)
- Society for Research in Child Development (1989, 1991, 1993, 1995, 1997, 1999, 2001, 2003, 2005, 2017, 2021, 2023, 2025)

### **Significant Extension Program Development, Implementation, and Evaluation Activities**

\*Denotes activities that involved substantial background research, collaboration with local and/or state agency partners, original curriculum development and content acquisition (e.g., live filming in child care programs, interviews with child care providers, and key informant panel discussions), train-the-trainer in-service opportunities and, for most, formal evaluation research.

- 1997 – 1998: \*Child Care Program Administration: Everything BUT the Children
- 1999 – 2001: \*Growing through Education Means Success (GEMS): Preservice Program for Newly-Hired Child Care Providers
- 2003 – 2006: \*Socializing Healthy Habits in Child Care Programs: Nutrition and Physical Activity
- 2010 – 2011: Jump with Jill
- 2010 – 2015: \*Family Style Meals in Child Care
- 2014 – 2015: With Susan Mills-Gray, Manage Team Nutrition Contract with MO Department of Health and Senior Services
- 2015 – 2016: MU Extension Liaison with Nebraska and Penn State for CYTTAP Military Project (with Lisa Wallace, Teresa Mareschal, and Nina Chen)
- 2014 – 2019: \*Healthy Plants/Healthy Bodies

### **Undergraduate Teaching at MU**

#### Undergraduate Instruction

- Fall 1998 HDFS 318: *Adult-Child Relations in Child Care Settings* (course taught via interactive television with students at MU, UMSL, and the Delta Center in Portageville; n= 45 total)

students)

- Fall 2004 HDFS 2400: *Principles of Human Development* (n=200 students; Writing Intensive)
- Spring 2014, 2015, and 2016: WGST 3150 *Women, Work, and Child Care* (n=25 to 30 students)
- Spring 2011 – 2020: NEP2222 *The Landscape of Obesity* (n=38 to 199 students)

## Student Mentoring and Research Supervision at MU

### Formal Undergraduate Advising

- Christa Minks (B.A. with Honors, Psychology, 1997); Faculty Advisor for the College of Arts and Science, Summer Research Mentorship Program (Summer, 1996)
- Dina Vatcha (Inter-disciplinary B.A. in HDFS, Psychology, and Sociology, 1997). Faculty Advisor, Senior Capstone Thesis
- Alicia Brueggemann (B.A. with Honors, Psychological Sciences, 2017). Faculty Advisor, Senior Capstone Thesis
- Madellien Arends (B.A., Psychological Sciences, 2025). Co-mentor with Dave Geary, McNair Scholars Program and Psychological Sciences Capstone Project.
- Corbin Meeker, Capstone Advisor (B.A. Political Science; B.A. Philosophy, 2026)

### Graduate Advising

Major Professor			
Year	Student	Department	Degree
1999	Nicki Bedow	HDFS	MA
2004	Amy Halliburton	HDFS	PhD
2003	Jessica Johnson	HDFS	MA
2008	Melissa Scheer	HDFS	MA
2009	Ashley Blake	HDFS	MA
2019	Judith Mutamba (co-chair with Dr. Jill Kanaley)	NEP	MS

Committee Member			
Year	Student	Department	Degree
1999	Scott Cook	Psychology	PhD
1999	Michelle Stuerman	HDFS	MA
1999	Maradith Jackson	HDFS	MA
2000	Shelly Grabe	Psychology	MS
2000	Mike Jones	Psychology	MS
2000	Cynthia Schaeffer	Psychology	PhD
2000	Chrissie Dickson	HDFS	MA
2001	Nikole Cronk	Psychology	MS
2002	Joan Turner	HDFS	PhD
2002	An Jeong-Shin	HDFS	PhD
2002	Sheila Brookes	HDFS	PhD
2002	Lance Swenson	Psychology	MS
2002	Courtney Bagge	Psychology	MS
2002	Amy Damashek	Psychology	MS

2003	Scott Ronis	Psychology	MS
2003	Jenny Larkins	Psychology	MS
2003	Stephanie Steppe	Psychology	MS
2005	Yiting Chang	HDFS	PhD
2005	Valeri Lane	HDFS	PhD
2006	Nikole Cronk	Psychology	PhD
2006	Lance Swenson	Psychology	PhD
2006	Marika Solhan	Psychology	MS
2006	Julie Howenstein	HDFS	MA
2006	Stephanie Steppe	Psychology	PhD
2007	Amy Damashek	Psychology	PhD
2008	Scott Ronis	Psychology	PhD
2008	Courtney Bagge	Psychology	PhD
2008	Aaron Sawyer	Psychology	MS
2009	Catherine Coakley	HDFS	MA
2008	Katie Knop	Sociology	MS
2010	Alison Levitch	HDFS	PhD
2010	Marika Solhan	Psychology	PhD
2010	Katherine Ball	HDFS	PhD
2010	Darajun Abel	HDFS	MA
2010	Shannon Cromwell	HDFS	MA
2010	Erin Taylor	Psychology	MS
2010	Yi Mou	Psychology	MS
2012	Leah Richmond-Rickard	Psychology	MS
2012	Claire Cook	HDFS	PhD
2014	Pamela Evans-Smith	Nursing	PhD
2014	Ben Johnides	Psychology	MS
2016	Erin Taylor	Psychology	PhD
2017	Kaitlin Sheerin	Psychology	MS
2017	Leah Richmond-Rickard	Psychology	PhD
2017	Andrea Wikiera	HDFS	MA
2018	Jaclyn Valadka	Psychology	MS
2018	Carmona Estrella	HDFS	MA
2018	Christal Davis	Psychology	MS
2020	Ben Johnides	Psychology	PhD
2019	Mandiza Dinah Ngwenya (University of Pretoria, South Africa)	Education	PhD
2020	Jillian Barnas	NEP	PhD
2019	Jack Brown	Education	PhD
2023	Afiah Mohd Fozi	Education	PhD
2025 - present	Liana Willis	TSGPA	PhD

## Professional Service and Extension Consultation

### National Service

- September, 2001: Invited Workshop Participant, United States Department of Agriculture, Economic Research Service, Food Assistance and Nutrition Research Program

- August, 2001: Grant Review Panel, Field-Initiated Research Program, United States Department of Health and Human Services, Administration for Children, Youth, and Families, Child Care Bureau
- June, 2004; July, 2005; June, 2007; May, 2010: Grant Review Panel, United States Department of Agriculture, Economic Research Service, Food Assistance and Nutrition Research

#### State of Missouri

- 1996: Consultation with Gordon Howard, Supervisor of Volunteer Services, MO Department of Corrections, Division of Human Services/Special Services.
- 1997: Project Construct National Center; participated in a daylong planning session.
- 1997: Jefferson City, MO: Reviewed grant applications for the Department of Health, Bureau of Nutrition and Child Care Programs
- 1996 – 2015: Member, Missouri Head Start State Collaboration Office Advisory Council
- 1996 – 2004: Member, Opportunities in a Professional Experiences Network (OPEN)
- 1997 – 2002: Member, Missouri Department of Health Child Care Advisory Board
- 1998 – present: Informal consulting relationship with the Department of Health, Bureau of Nutrition and Child Care Programs
- 1998 – 1999: Member, Citizen's for Missouri's Children *Early Learning Information Online Together* Data Cabinet
- October 1998: Reviewed Child Care Provider Training grants for MO Department of Health
- 1998 – 2000: Co-chair, Missouri Head Start State Collaboration Office Advisory Council
- January 1999: Consulted with Horizon Research Services on design of child care market survey being conducted for the MO Department of Social Services, Division of Family Services.
- 1999: Chair, Search Committee, Missouri Head Start State Collaboration Office Director
- 1999: Member, Search Committee, Missouri Head Start State Collaboration Office Assistant Director
- 1999 – 2000: Co-Chair, Missouri Head Start State Collaboration Office Advisory Council
- 2000: Reviewer, MO Department of Health, Child and Adult Care Food Program Nutrition Competencies
- 1999 – 2005: Member, Missouri Department of Social Services Accreditation Review Team
- December, 2005: Began planning with state agency collaborative group led by Cindy deBlauw of the MO Department of Health and Senior Services, to revise "Socializing Healthy Habits: Nutrition and Physical Activity" for delivery to child care providers participating in the Child and Adult Care Food Program
- August, 2006: Met with state partners to brainstorm future Extension programming and collaborations. Attendees: Pamela Speer (DOH), Brenda Bell (UOE), Stacey Owsley (MOHSSCO), Tara Hawkins (MO-CCRR), Doris Hallford (DSS), Cindy Reese (DSS), and myself.
- 2007-2008: Extension representative to MO Department of Health and Senior Services *Early Childhood Comprehensive Systems Steering Committee*
- 2008: UM Extension representative to Department of Health and Senior Services Training Approval Committee
- 2009 – 2010: Extension representative to MO Coordinating Board for Higher Education, Early Childhood Committee, Professional Development Subcommittee
- 2010 – 2020: Member, MO Council on Activity and Nutrition, Schools and Child Care Subcommittee

- Summer, 2011: Assisted with program evaluation for I am Moving/I am Learning w/ Ann McCormack, Bureau Chief of Community Nutrition Programs, MO Department of Health and Senior Services
- 2013: Assisted MO Department of Health and Senior Services, Child and Adult Care Food Program to develop MOve Smart MO
- 2014: Informal consultation with Megan Klenke of Child Care Aware of MO on new project: Taking Steps to Healthy Change

#### Cooperative Extension (State and National)

- 1996 – 2020: Leader and Co-Leader, MU Extension Child Care Base Program Team: *Building Better Child Care for MO* and *Child Care Wellness* (includes MU Extension HDFS and NHE county faculty)
- 1996 – 1997: Parentlink Coalition Member
- 1998 – 1999: Parentlink *I am your Child* subcommittee
- 1999: Member, *Farm First Crisis Team*, University of Missouri, Outreach and Extension
- 1999 – 2001: Member, National Network for Child Care, USDA
- 1999 – 2001: Advisory Board Member, *Preparing to Parent* newsletter series (University of Wisconsin Extension and Michigan State University)
- 2006 – 2007: Consultation with Ellen Schuster, Cindy deBlauw, Robin Gammon, and Karen Sherbondy on revisions to MU Extension FNEP pre-kindergarten curriculum
- 2007: Invited member for Campus Listening Sessions, MU Extension
- 2008: Consultation with Jane Hunter on Community Child Development Center; provided technical assistance and consultation with securing resources
- Spring, 2008: Assisted with grant preparations for *Integrated Community Based Extension Intervention and Undergraduate Education to Curb Childhood Obesity in North Central Region Rural Areas* (prepared by MU Extension for USDA NRI)
- November – December, 2018: Technical Assistance to four MU Extension HDFS County Faculty for individual grant submissions to Child Care Aware of Missouri

#### Campus Service (University of Missouri, Columbia)

- Spring, 1999: Assisted Extension Teaching with developing and marketing new Child Care Director Certificate program.
- 2001 – 2004: College of Human Environmental Sciences Representative to University Faculty Council
- 2001 – 2002: Faculty Council Representative, Recruitment and Retention Subcommittee of Enrollment Management Committee
- 2003 – 2006: Member, University of Missouri, Office of Research, Research Council
- 2004 – 2005: Chairperson, University of Missouri, Office of Research, Research Council
- 2006 – 2009: Member and Recorder, Chancellor's Intercollegiate Athletics Committee
- 2006 – 2009: Member, University of Missouri, Office of Research, Faculty Advisory Committee
- 2006 and 2007: Selection committee: Provost's Award for Creative Extension Programming and Fancher Award for Outstanding Achievement in Extension and Continuing Education
- 2009 – 2014: Member, University of Missouri, Office of Research, Institutional Review Board (IRB)
- April, 2011: Selection committee: Provost's Award for Creative Extension Programming

- March, 2012: Co-Chair, University of Missouri, Life Sciences and Society Program Annual Symposium, *Food Sense*
- 2013 – 2016: Member and Chair, Chancellor’s Family Friendly Campus Committee
- 2013 – 2016: Member, Mizzou Advantage Childhood Obesity Initiative (2013 – 2016)
- 2013: Member, Symposium Planning Committee, “A Healthy and Fit Missouri: Innovative Discoveries and Promising Practices”
- Fall, 2014 – 2016: Member, Mizzou Advantage Pediatric Psychology Search Committee
- 2015 – 2016: Member, University of Missouri, Office of Research, Research Council

#### Department and College Service

- October, 1997: Host and Coordinator, HDFS Annual Advisory Board Meeting
- 1998 – 2001: Member, HDFS Library Committee
- 1998 – 1999: Member, HDFS Search Committee (hired Amanda Kowal)
- 1999 – 2002: Chair, HDFS Awards Committee
- 1999 – 2000: Co-Chair, HDFS Child Development/Child Health Search Committee (hired Pamela Raya-Carlton)
- 2000: Member, Child Development Lab Instructor Search Committee
- 2001 – 2004: Faculty Council Representative to College of Human Environmental Sciences Administrative Staff Council (ASC)
- 2001 – 2004: Faculty Council Representative to College of Human Environmental Sciences Faculty Council on College Policy (FCCP)
- 2003: Search Committee Member, Associate Dean for Extension and Research, College of Human Environmental Sciences (hired Jo Britt-Rankin)
- 2004 – 2005: Member, HDFS Child Life Search Committee (hired Russ Ravert)
- 2005 – 2006; 2006 – 2007: Member of College awards selection committee
- 2006 – 2007: Chair, HDFS Departmental Promotion and Tenure Committee
- 2009 – 2010: Member, HDFS Bylaws Committee
- 2009 – 2010: Chair, Child Development Assistant Professor Search Committee (hired Louis Manfra)
- 2011 – 2012: Co-Chair, Department of Nutrition and Exercise Physiology, Annual Nutrition and Exercise Research Week
- 2015 – 2017: Member, Search Committee for Dean of the College of Human Environmental Sciences (hired B. Sanford Rikoon)
- 2017 – 2020: Member, Graduate Admissions Committee, Department of Nutrition and Exercise Physiology
- 2018 – 2020: Chair, Nutrition and Exercise Physiology Promotion and Tenure Committee
- 2021 – 2022: Chair, Truman School of Government and Public Affairs, Mizzou Forward departmental hiring committee

#### **Editorial and Reviewer Activities**

1998 – 2000: *Family Relations* (Editorial Board member)

#### Ad-Hoc Reviewer

BioMed Central; Child and Youth Care Forum; Child Development; Contemporary Clinical Trials; Developmental Psychology; Early Childhood Education Journal; Early Childhood Research

Quarterly; Early Education and Development; Journal of Adolescent Health; Journal of Experimental Child Psychology; Journal of Family Issues; Journal of Health Education and Nutrition; Journal of Hunger and Environmental Nutrition; Journal of Nutrition Education and Behavior; Journal of Pediatrics; Journal of Sport and Health Science; Maternal and Child Health Journal; Mathematical Thinking and Learning; New Mexico State University Extension; Pediatrics; Social Science and Medicine; University of Kentucky Family and Consumer Sciences Extension; University of Nevada Cooperative Extension