

Kristi Ressel, MPH

Truman School of Government and Public Affairs
University of Missouri – Columbia

resselk@missouri.edu
<https://truman.missouri.edu/people/ressel>

E004 Locust Street Building
Columbia, MO 65211

RESEARCH INTERESTS

health politics and policy; health workforce policy; patient decision-making; health care access; health services research; policy implementation; mixed methods; health program evaluation

EDUCATION

- Ph.D., Public Affairs Anticipated Spring 2027
Truman School of Government and Public Affairs, University of Missouri
Redefining Care: The Impact of Policy Shifts and Provider Evolution on American Healthcare
Advisor: Jake Haselswerdt, Associate Professor, Truman School of Government and Public Affairs
- M.P.H., Master of Public Health, Health Policy and Promotion May 2013
School of Health Professions, University of Missouri
- B.A., Biological Science; Minor in Spanish July 2011
College of Art & Science, University of Missouri

MANUSCRIPTS PUBLISHED

- Haselswerdt, J., **Ressel, K.**, Harcourt, E., Gable, S., & Quinn, K. (2024). *Provider Capacity During Medicaid Expansion and a Public Health Emergency*. *The American Journal of Managed Care*, 30(12), e364–e369.
<https://doi.org/10.37765/ajmc.2024.12345>
- Kapp, J.M., Underwood, B., **Ressel, K.**, Quinn, K. (2024). *Practice Perspectives on Care Coordination in Rural Settings*. *Professional Case Management* 29(1):p 4-12. DOI:[10.1097/NCM.0000000000000679](https://doi.org/10.1097/NCM.0000000000000679)

MANUSCRIPTS IN PROGRESS

- Ressel, K.** and Haselswerdt, J. Healthcare’s New Waiting Room: A Conjoint Study on How Patients Choose Between Providers and Care Delivery Options. *In Progress*.

PROFESSIONAL EXPERIENCE

- Owner** January 2025 – Present
The Broadway Local Commercial Building, Columbia, MO

Ressel
Co-Owner
Broadway Dental, Columbia, MO

Updated June 2026
January 2021 – Present

Senior Research Analyst July 2021 – August 2023
Institute of Public Policy; Truman School of Government and Public Affairs, University of Missouri

Policy Analyst October 2016 – July 2021
Institute of Public Policy; Truman School of Government and Public Affairs, University of Missouri

Administrative Officer (Project and Grant Coordinator) August 2015 – May 2016
City of Kansas City, Missouri; Kansas City Health Department

Field Supervisor – Environmental Health Division May 2015 – August 2015
City of Kansas City, Missouri; Kansas City Health Department

Public Health Specialist – Environmental Health Division July 2013 – May 2015
City of Kansas City, Missouri; Kansas City Health Department

PRACTICUM EXPERIENCE

Community Health Educator May – June 2012
Engineers Without Borders; Missouri University of Science & Technology
Location: Eucalyptus, Bolivia, South America

GRANTS & CONTRACTS

Missouri Teen Pregnancy Prevention Program Evaluation, Missouri Department of Health and Senior Services with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Kristi Ressel (Transitioned to Emmie Harcourt, August 2023); 2023-2024 \$247,017)

Missouri Teen Pregnancy Prevention Program Evaluation, Missouri Department of Health and Senior Services with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Kristi Ressel; 2022-2023 \$253,400)

Missouri Teen Pregnancy Prevention Program Evaluation, Missouri Department of Health and Senior Services with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Kristi Ressel; 2021-2022 \$191,497)

An Innovative Model to Increase Primary Care Physicians for Rural and Underserved Missouri, University of Missouri School of Medicine with funding from US Health Resources & Services Administration (PI: Kathleen Quinn; 2021-2023; total award \$12,095,943). Subaward A: Continuing Medical Education and Physician Lifelong Learning (Project Leads: Julie Kapp and Thom Pancella; Project Team Member: Kristi Ressel). Subaward B: Designing the Missouri Research-Extension (MO-RE) Protocol to Accelerate the Translation of Science to Rural Communities (Project Lead: Julie Kapp; Project Team Member: Kristi Ressel). Subaward C: Key Informant Interviews and Surveys with Health Care Providers (Project Leads: Kristi Ressel and Jake Haselswerdt). Subaward D: Integrated Evaluation and Reporting System (Project Lead: Sara Gable; Project Team Member: Kristi Ressel)

Matching Need with Access: Evaluating the Impact of Missouri Medicaid Expansion, Missouri Foundation for Health (CO-PIs: Tracey Greever-Rice and Sara Gable, Project Team Member: Kristi Ressel; 2021-2024 \$525,303)

Show Me Healthy Relationships Local Evaluation, University of Missouri with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Irma Arteaga and Emily Johnson, Project Coordinator: Kristi Ressel; 2020-2021 \$187,349)

St. Louis County Project RESTORE Evaluation, St. Louis County Department of Public Health with funding from the U.S. Department of Health and Human Services Office of Minority Health (PI: Emily Johnson, Project Coordinator: Kristi Ressel; 2020-2021 \$15,000)

Missouri Teen Pregnancy Prevention Program Evaluation, Missouri Department of Health and Senior Services with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Kristi Ressel; 2020-2021 \$182,691)

St. Louis County Project RESTORE Evaluation, St. Louis County Department of Public Health with funding from the U.S. Department of Health and Human Services Office of Minority Health (PI: Emily Johnson, Project Coordinator: Kristi Ressel; 2019-2020 \$25,000)

Missouri Teen Pregnancy Prevention Program Evaluation, Missouri Department of Health and Senior Services with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Kristi Ressel; 2019-2020 \$182,835)

St. Louis County Project RESTORE Evaluation, St. Louis County Department of Public Health with funding from the U.S. Department of Health and Human Services Office of Minority Health (PI: Emily Johnson, Project Coordinator: Kristi Ressel; 2019 \$15,000)

Missouri Teen Pregnancy Prevention Program Evaluation, Missouri Department of Health and Senior Services with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Kristi Ressel; 2018-2019 \$200,096)

St. Louis County Project RESTORE Evaluation, St. Louis County Department of Public Health with funding from the U.S. Department of Health and Human Services Office of Minority Health (PI: Emily Johnson, Project Coordinator: Kristi Ressel; 2018 \$41,000)

Missouri Teen Pregnancy Prevention Program Evaluation, Missouri Department of Health and Senior Services with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Kristi Ressel; 2017-2018 \$177,750)

Healthcare Enrollment Focus Groups, Harry S Truman Veterans' Hospital (PI: Emily Johnson, Project Assistant: Kristi Ressel; 2017-2018 \$2,216)

Zika Virus and Birth Defects Awareness Focus Group Evaluation, Missouri Department of Health and Senior Services Bureau of Vital Statistics with funding from the Center for Disease Control National Center on Birth Defects and Developmental Disabilities (PI: Emily Johnson, Project Assistant: Kristi Ressel; 2017-2018 \$30,001)

Missouri Teen Pregnancy Prevention Program Evaluation, Missouri Department of Health and Senior Services with funding from U.S. Department of Health and Human Services Administration for Children and Families (PI: Sandy Roberts, Project Coordinator: Kristi Ressel; 2016-2017 \$130,000)

HONORS AND AWARDS

Pillars of Discovery Fellow, University of Missouri Graduate School; 2026

University of Missouri Truman School of Government and Public Affairs Departmental Research Funding; 2026

University of Missouri Truman School of Government and Public Affairs, Advisor-Funded Research Support (Advisor: Jake Haselswerdt, PhD); 2025

University of Missouri Truman School of Government and Public Affairs Departmental Research Funding; 2025

University of Missouri Graduate Professional Council (GPC) Research Development Award; 2024

University of Missouri Truman School of Government and Public Affairs Departmental Research Funding; 2024

Model Practice Award (award team member), [National Association of City and County Health Officials](#); 2020

Presidential Service Award, Missouri Environmental Health Association; 2017

University of Missouri Master of Public Health Student Service Award, University of Missouri Master of Public Health Program; 2013

University of Missouri International Engagement Award Student Nominee, University of Missouri International Affairs; 2013

Poster Presentation Winner, Missouri Public Health Association; 2012

John D. Bies International Scholarship Recipient, University of Missouri International Center; 2012

American Public Health Association (APHA) Student Assembly 140th Annual Meeting National Scholarship Award Recipient, American Public Health Association; 2012

PRESENTATIONS, LECTURES, AND TRAINING ACTIVITIES

Ressel, K. and Haselswerdt, J. *Who Delivers Care—and How? Public Willingness in a Changing Health System*. American Political Science Association annual research conference. Forthcoming September 3-6, 2026. Boston, Massachusetts.

Ressel, K. and Haselswerdt, J. *Choosing Care in a Changing System: A Conjoint Analysis of How Policy Change Shapes Patient Decision-Making*. Health Politics and Policy Conference 2026. Forthcoming June 6, 2026. MIT, Cambridge, Massachusetts.

Ressel, K. (Spring 2026). *Policy Evaluation* Guest Lecture to Public Policy (POL_SCI 4320). University of Missouri, Columbia.

Ressel, K. (Spring 2026). *Why Some Grants Get Funded (and Others Don't)* Guest Lecture to The Nonprofit and Voluntary Sector (PUB_AF 4710). University of Missouri, Columbia.

Ressel, K., Haselswerdt, J., Harcourt, E., Quinn, K. (2023, November). *Medicaid Expansion: A Mixed Methods Study of the Provider Perspective*. Association for Public Policy Analysis and Management annual research conference. November 10, 2023. Atlanta, Georgia.

Ressel, K. (Fall 2023). *Administrative Burdens in Public Administration* Guest Lecture to Principles of Public Policy Administration (PUB_AF 1000). University of Missouri, Columbia.

Ressel, K., Haselswerdt, J., Harcourt, E., Quinn, K. (2023, October). *Medicaid Expansion: A Mixed Methods Study of the Provider Perspective*. American Evaluation Association annual conference. October 11, 2023. Indianapolis, Indiana.

Ressel, K. (Spring 2023). *Evaluation IRL (In Real Life)* Guest Lecture to Program Assessment & Improvement (PUB_AF 4420). University of Missouri, Columbia.

Ressel, K., Haselswerdt, J., Harcourt, E., Quinn, K. (2022, November). *Medicaid Expansion in Missouri: The Rural Provider Perspective*. DHSS Rural Health Day Conference. Jefferson City, Missouri.

Ressel, K., Haselswerdt, J., Harcourt, E., Quinn, K. (2022, November). *Medicaid Expansion in Missouri: The Rural Provider Perspective*. University of Missouri Health Sciences Research Day. Columbia, Missouri.

Ressel, K., Gable, S., DeSpain, R., Bilali Ka, A. & Quinn, K. (2022, March). *University of Missouri Medical Student Education Program Evaluation Logic Models*. Presentation virtually at the HRSA Medical Student Education Program Grantee Ad Hoc Group, Columbia, MO.

Underwood, B., **Ressel, K.,** Quinn, K., Kapp, J.M. (2022, November). *Examining Rural Missouri's Models of Care Coordination*. University of Missouri Health Sciences Research Day. Columbia, Missouri.

Kapp J.M., Underwood, B., **Ressel, K.,** Quinn, K.. (2022). [Characterizing the Care Coordination Landscape in Rural Missouri](#). American Public Health Association. Boston, Massachusetts, USA. November 7, 2022.

Underwood, B., **Ressel, K.,** Quinn, K., Kapp, J.M. (2022) *COVID-19 and Enhanced Care Coordination in Rural Missouri*. Washington University in St. Louis Institute for Public Health Annual Conference. October 26, 2022. Saint Louis, Missouri.

Underwood, B., **Ressel, K.,** Quinn, K., Kapp, J.M. (2022). *Characterizing the Care Coordination Landscape in Rural Missouri*. National Health Outreach Conference. May 4-6, 2022. Kansas City, Missouri.

Underwood, B., **Ressel, K.,** Quinn, K., Kapp, J.M. (2022, April). *Characterizing the Care Coordination Landscape in Rural Missouri*. 38th Annual Research & Creative Activities Forum. Columbia, Missouri.

Kapp, J.M, Underwood, B., **Ressel, K.,** Quinn, K. (2022, October). *Characterizing the Care Coordination Landscape in Rural Missouri*. Truman School of Government and Public Affairs, University of Missouri Fall Mini Conference. Columbia, Missouri.

Kapp, J.M., Obadan, A., **Ressel, K.,** Quinn, K. (2022). [The Psychological Impact of COVID-19 Among Rural US Children and Families: A Systematic Review](#). American Public Health Association. Boston, Massachusetts. November 8, 2022.

Ressel, K. & Simelus, S. (2022, April). *Missouri Teen Pregnancy Prevention Program: Evaluation Overview & Performance Measure Updates*. Presentation presented virtually at the Missouri Department of Health and Senior Services Adolescent Health Annual Contractor Meeting, Columbia, MO.

Ressel, K. (Spring 2019). *Public Health Policy & Evaluation* Guest Lecture to Introduction to Public Health Seminar (P_HLTH 1000). University of Missouri, Columbia.

Ressel, K. & Lowry, K. (June 2018). *Mirror, Mirror, on the Wall: A Longitudinal Analysis of Missouri PREP*. U.S. Department of Health and Human Services Adolescent Pregnancy Prevention Conference, Washington DC.

Ressel, K. (Spring 2018). *Public Health Policy & Evaluation* Guest Lecture to Introduction to Public Health Seminar (P_HLTH 1000). University of Missouri, Columbia.

Ressel, K. (Fall 2018). *Health Policy and Ethics* Guest Lecture to Research Methods and Inquiry in Public Affairs I (PUB_AF 8180). University of Missouri, Columbia.

Ressel, K. (Fall 2018). *Public Health Policy & Evaluation* Guest Lecture to Introduction to Public Health Seminar (P_HLTH 1000). University of Missouri, Columbia.

Ressel, K. & Roberts, S. (June 2017). *Bringing the Family into the Discussion: Meeting the Needs of Communities and Evaluators*. U.S. Department of Health and Human Services Adolescent Pregnancy Prevention Conference, Washington DC.

Ressel, K. (Fall 2017). *Public Health Policy & Evaluation* Guest Lecture to Introduction to Public Health Seminar (P_HLTH 1000). University of Missouri, Columbia.

Ressel, K. (Fall 2017). *Health Policy and Ethics* Guest Lecture to Research Methods and Inquiry in Public Affairs I (PUB_AF 8180). University of Missouri, Columbia.

Ressel (née Eftink), K. & White, C. (July 2015). *Effective Communication in a Multicultural World: Promoting Cultural Competency in Local Health Departments*. National Association of City and County Health Officials Annual Conference, Kansas City, MO.

Archer, R., Malone, B., & **Ressel (née Eftink), K.** (2013). *Medicaid Expansion Advocacy Training for Public Health Workers*. Kansas City Health Department Regional Training, Kansas City, MO.

Ressel (née Eftink), K., Hilliard, L., & Pfister, M. (April 2013). *What's the buzz on getting buzzed? Exploring the impact of social media on college drinking behavior*. Meeting of the Minds Conference, Kansas City, MO.

Bowers, K. & **Ressel (née Eftink), K.** (March 2013). *Educating a Community: Health Interventions in Rural Bolivia*. University of Missouri Research and Creative Activities Forum, Columbia, MO.

Bowers, K. & **Ressel (née Eftink), K.** (September 2012). *Educating a Community: Health Interventions in Rural Bolivia*. University of Missouri Research and Creative Activities Forum, Columbia, MO.

TEACHING EXPERIENCE

Instructor of Record

Spring 2025

Truman School of Government and Public Affairs, University of Missouri
Course: United States Health Politics and Policy (Political Science 4390)

Instructor of Record

Fall 2024

Truman School of Government and Public Affairs, University of Missouri
Course: Principles of Public Policy Administration (Public Affairs 1000); Online, Asynchronous

Instructor of Record

Spring 2024

Truman School of Government and Public Affairs, University of Missouri
Course: State Government (Political Science 2100); Online, Asynchronous

Ressel

Updated June 2026

Graduate Teaching Assistant

Fall 2023

Truman School of Government and Public Affairs, University of Missouri

Course: Principles of Public Policy Administration (Public Affairs 1000)

Course Development Contributor

2022-2023

University of Missouri School of Medicine

Course: Adverse Childhood Experiences; Online, Asynchronous Professional Development

Course Development Contributor

2022-2023

University of Missouri School of Medicine

Course: Enhanced Care Coordination; Online, Asynchronous Professional Development

TECHNICAL SKILLS & CERTIFICATIONS

Software Packages: STATA, NVivo

Skills: Qualitative Interviews, Survey Design, Program Evaluation, Data Visualization

Online Teaching Certification (2023) from *Missouri Online*

Data Visualization (Member since 2018) from *Evergreen Data Visualization Academy*

PROFESSIONAL SERVICE

HealthierMO Public Health Professionals Organization Advocacy Committee Co-Chair; 2019 – 2021

Live Well Boone County Steering Committee; 2017 – 2018

Missouri Environmental Health Association President; 2016 – 2017

Missouri Environmental Health Association Vice President; 2015 – 2016

Missouri Public Health Graduate Student Association President; 2012 – 2013

Missouri Public Health Advocacy Coalition Founding Chair; 2012 – 2013

Missouri Public Health Association Student Coordinator; 2012 – 2013

PROFESSIONAL ASSOCIATIONS

Missouri Political Science Association

American Political Science Association

Association for Public Policy Analysis and Management

American Evaluation Association

Evergreen Data Visualization Society

Missouri Public Health Association

American Society for Public Administration

STUDENT MENTORING & RESEARCH SUPERVISION

2024, Liana Willis; Truman School of Government and Public Affairs; Graduate Professional Association PhD Mentee

2023, Nicholas Reece; Truman School of Government and Public Affairs; Graduate Professional Association PhD Mentee

2023, Hannah Shupert; Truman School of Government and Public Affairs, Public Affairs Undergraduate Research Assistant, Masters in Public Affairs (MPA) Research Assistant, & MPA Internship

2023, Lukas Parrish; Truman School of Government and Public Affairs, Public Affairs Undergraduate Research Assistant

2023, Abigail Olajire, M.A.; College of Arts and Science, Communications, Graduate Research Assistant

2021-2022, Ann Obadan; Truman School of Government and Public Affairs, PhD Graduate Researcher

2021-2022, Beau Underwood; Truman School of Government and Public Affairs, PhD Graduate Researcher

2021-2022, Christiana Oyewusi; Sinclair School of Nursing, Graduate Research Assistant

2021-2022, Nana Adjoa Aikins; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Graduate Research Assistant

2021-2022, Mary Elizabeth (Emmie) Harcourt; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Graduate Research Assistant

2021-2022, Suzie Nahach; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Graduate Research Assistant

2021-2023, Aida Bilali-Ka, M.D., Fulbright Scholar, MPH; Masters in Health Administration (MHA) Graduate Research Assistant

2020-2021, Jessica Overschmidt; School of Health Professions, B.A. Public Health Internship

2019-2021, William "Liam" Redinger; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Graduate Research Assistant

2019-2021, David Winjum; Truman School of Government and Public Affairs, PhD Graduate Researcher

2019-2020, Audrey Aton; School of Health Professions, B.A. Public Health Internship

2018-2020, Dylan Cain; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Graduate Research Assistant

2018-2020, Sariah Pereira; School of Health Professions, B.A. Public Health Internship

2017-2019, Michael Gawlick; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Graduate Research Assistant

2017-2019, Zhengting He; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Graduate Research Assistant

2017-2018, Jeonghun Kim; Truman School of Government and Public Affairs, PhD Graduate Researcher

2017-2018, Kendal Lowry; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Internship

2017-2018, Blaine Dennis; School of Health Professions, B.A. Public Health Internship

2016-2017, Kyoung-sun Min; Truman School of Government and Public Affairs, PhD Graduate Researcher

2016-2017, Michael Kotsovos; Truman School of Government and Public Affairs, Masters in Public Affairs (MPA) Graduate Research Assistant