University of Missouri Study on WIC Eligible Mothers

The University of Missouri is looking for WIC eligible young women to participate in an online research study on enrollment barriers for the Special Supplemental Nutrition Program.

Dates: **April 17, and 24; May 15, 22, and 29. Online via Zoom.**

- Are you 18 to 35 years old?
- Are you pregnant or do you have a baby…?
- Are you WIC eligible?
- Do you have access to a smartphone OR internet?

**If YES! To All Questions, Please sign up for a session using ONE of these links:**

**Current WIC participants (May 15 @ 10 am):**
https://calendly.com/muwicproject/wicparticipants

**Prior WIC participants (April 24 and May 29 @ 10 am):**
https://calendly.com/muwicproject/prior-wic-participants

**WIC eligible but never enrolled before (April 17 and May 22 @ 10am):**
https://calendly.com/muwicproject/eligible-but-non-participants

**Who is WIC eligible?**
- Pregnant women
- Women breastfeeding an infant up to the infant’s first birthday
- Postpartum women up to 6 months after delivery
- Children 0-5 years of age

- Your participation is voluntary
- Time: 1 hour and 30 mins approx.
- You will receive a $30 Walmart gift e-card as compensation.
- It is only ONE session.

Questions? Contact us at wic.project@missouri.edu
Who is eligible to participate in WIC?

**Women**
- Pregnant (during pregnancy and up to 6 weeks after the birth of an infant or the end of the pregnancy)
- Postpartum (up to six months after the birth of the infant or the end of the pregnancy)
- Breastfeeding (up to the infant's first birthday)

**Infants** (up to the infant's first birthday)

**Children** (up to the child's fifth birthday)

**Income Requirement**
To be eligible, you must live in Missouri and meet the following guidelines:

Qualified applicants:
- Pregnant women
- Women breastfeeding an infant up to the infant's first birthday
- Postpartum women up to six (6) months after delivery or end of pregnancy
- Infants up to their 1st birthday
- Children until their 5th birthday

Income: Household income may be no more than 185% of the federal poverty income guidelines. Families that qualify for supplemental nutrition assistance program (SNAP) or temporary assistance for needy families (TANF) automatically qualify. Individuals who meet income and category guidelines will have a nutrition and health assessment during the certification process.