The University of Missouri is looking for WIC eligible young women to participate in a research study on enrollment barriers for the Special Supplemental Nutrition Program for Women, Infants and Children (WIC).

- Are you 18 to 39 years old?
- Are you pregnant or do you have a baby?
- Are you WIC eligible?

If YES! To All Questions, Please sign up for ONE session:

**ENGLISH sessions**

Current WIC participants (July 31 @ 10 am): [https://calendly.com/muwicproject/wicparticipants](https://calendly.com/muwicproject/wicparticipants)

Prior WIC participants (July 10 @ 10am; July 12 @ 7pm): [https://calendly.com/muwicproject/prior-wic-participants](https://calendly.com/muwicproject/prior-wic-participants)

**SPANISH sessions**

Current WIC participants (July 17 @ 10am; July 19 @ 7pm): [https://calendly.com/muwicproject/participantes-en-wic](https://calendly.com/muwicproject/participantes-en-wic)

Prior WIC participants (July 24 @ 10 an): [https://calendly.com/muwicproject/sesion-con-ex-participantes](https://calendly.com/muwicproject/sesion-con-ex-participantes)

Who is WIC eligible?
- Pregnant women
- Women breastfeeding an infant up to the infant’s first birthday
- Postpartum women up to 6 months after delivery
- Mother of children of 0-5 years old

Questions?
Contact us at
wic.project@missouri.edu
573-882-2718
Who is eligible to participate in WIC?

- Pregnant (during pregnancy and up to 6 weeks after the birth of an infant or the end of the pregnancy)
- Postpartum women (up to six months after the birth of the infant or the end of the pregnancy)
- Women breastfeeding (up to the infant's first birthday)
- Infants up to their 1st birthday
- Children until their 5th birthday

**Income Requirement**

To qualify as applicant, you must live in Missouri and meet the requirements mentioned before and satisfied the following income description:

**Household income** may be no more than 185% of the federal poverty income guidelines. Families that qualify for supplemental nutrition assistance program (SNAP) or temporary assistance for needy families (TANF) automatically qualify. Individuals who meet income and category guidelines will have a nutrition and health assessment during the certification process.