

VITA

SARA GABLE

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**Education**

- B.S. 1986 Family and Human Development, Utah State University (1986)  
*Emphasis Area: Children in Group Care Settings*
- M.S. 1989 Family and Human Development, Utah State University (1989)  
*Thesis: An Investigation of Stability, Change, and Observed Associations during Infant-Mother Face-to-Face Interaction*
- Ph.D. 1993 Human Development and Family Studies, The Pennsylvania State University (1993)  
*Dissertation: An Observational Study of the Coparenting Alliance*

**Professional Experience**

- Summer, 1986 Undergraduate Internship, *Syntex Corporation's* Employer-Supported Child Care Program, Palo Alto, CA
- 1986-1989 Child Development Lab Instructor, Department of Family and Human Development, Utah State University
- 1987-1989 Research Assistant (*Infant and Family Development Project*), Department of Family and Human Development, Utah State University
- 1989-1993 Research Assistant, Child and Family Development Project (*Family Stress and Conflict: The Terrible Twos*; 1R01MH044604), Department of Human Development and Family Studies, Penn State University
- 1994-1996 Post-doctoral Project Coordinator, *Mom-Kid Trial* (MCJ-290635-01), Department of Psychology, University of Missouri, Columbia
- 1995-1996 Research Assistant Professor, Department of Psychology, University of Missouri, Columbia
- 1996-2002 Assistant Professor and State Extension Specialist, Department of Human Development and Family Studies, University of Missouri, Columbia
- 2002-2010 Associate Professor and State Extension Specialist, Department of Human Development and Family Studies, University of Missouri, Columbia
- 2008 – 2010 Adjunct Faculty, Department of Nutritional Sciences, University of Missouri, Columbia
- 2010 -2020 Associate Professor and State Extension Specialist, Department of Nutrition and Exercise Physiology, University of Missouri, Columbia
- 2014 – present Faculty Affiliate, Department of Women's and Gender Studies, University of Missouri, Columbia
- 2016 – 2019 Faculty Fellow, Office of Research and Economic Development, University of Missouri, Columbia

2020 - present Director, Institute of Public Policy, Harry S Truman School of Government and Public Affairs, University of Missouri, Columbia

### Professional Honors

1992-1993 *Herman G. Fisher Graduate Fellowship*, The Pennsylvania State University  
1996 National Data Archives on Child Abuse and Neglect - Summer Research Institute Participant, Cornell University  
1997 Provost's Faculty Development Retreat, University of Missouri, Columbia  
1999 Provost Award for Creative Extension Programming by New Faculty, University of Missouri, Columbia  
2007 Invited Participant, University of California, Berkeley, Center for the Study of Child Care Employment, *National Strategy Session: Early Education and Child Care Workforce Development*  
2015 Campus-based Specialist Award: Human Environmental Sciences Extension, University of Missouri, Columbia  
2015 Teamwork Award: University of Missouri Extension (*Child Care Provider Training in East Central Region*)

### Peer-Reviewed Publications

#### Book

Gable, S. (2014). *The States of Child Care: Building a Better System*. New York, NY: Teachers College Press.

Reviews: <http://hepg.org/her-home/issues/harvard-educational-review-volume-84-number-4/herbooknote/the-states-of-child-care> ;  
<http://www.tcrecord.org/books/Content.asp?ContentId=18181> ;

#### Book-Related Creative Activities

Cover Story Interview with *Christian Science Monitor*:

<http://www.csmonitor.com/USA/Society/2015/0405/How-parents-cope-with-America-s-child-care-crisis>

Policy Brief (April, 2015). *America's Fragmented Child Care and Early Education System*.

<https://contemporaryfamilies.org/ccf-briefing-report-fragmented-child-care/>

#### Articles and Book Chapters (\* notable media coverage; student co-author)

Gable, S., & Isabella, R.A. (1992). Maternal contributions to infant regulation of arousal. *Infant Behavior and Development*, 15, 95-107.

Gable, S., Belsky, J., & Crnic, K. (1992). Marriage, parenting, and child development: Progress and prospects. *Journal of Family Psychology*, 5, 276-294.

Gable, S., Crnic, K., & Belsky, J. (1994). Coparenting within the family system: Influences on children's development. *Family Relations*, 43, 380-386.

Gable, S., Belsky, J., & Crnic, K. (1995). Coparenting during the child's second year: A descriptive account. *Journal of Marriage and the Family*, 57, 609-616.

- Belsky, J., Crnic, K., & Gable, S. (1995). The determinants of coparenting: Spousal differences and daily hassles. *Child Development, 66*, 629-642.
- Peterson, L., Gable, S., & Saldana, L. (1996). Treatment of maternal addiction to prevent child abuse and neglect. *Addictive Behaviors, 21*, 789-901.
- Peterson, L., Gable, S., Doyle, C., & Ewigman, B. (1997). Beyond parenting skills: Battling barriers and building bonds to prevent child abuse and neglect. *Cognitive and Behavioral Practice, 4*, 53-74.
- Gable, S. (1998). School-age and adolescent children's perceptions of family functioning in neglectful and non-neglectful families. *Child Abuse and Neglect, 9*, 859-867.
- Gable, S., & Peterson, L. (1998). School-age children's attributions about their own naturally occurring injuries: A process analysis. *Journal of Pediatric Psychology, 23*, 323-332.
- Peterson, L., & Gable, S. (1998). Holistic injury prevention. In J.R. Lutzker (Ed.), *Child abuse: A handbook of theory, research, and treatment*. New York, NY: Plenum Press.
- Fine, M., Coleman, M., Gable, S., Ganong, L., Ispa, J., Morrison, J., & Thornburg, K.R. (1999). Research-based parenting education for divorcing parents: A university-community collaboration. *Serving children and families through community-university partnerships: Success stories*, pp. 249-256. Norwell, MA: Kluwer.
- Gable, S., & Hunting, M. (1999). Community-based child care provider training: The highs and the lows. *Early Childhood Education Journal, 27*, 57-63.
- Gable, S. (September, 1999). Promote children's literacy with poetry. *Young Children, 12-15*.
- Gable, S. & Cole, K. (2000). Parent's child care arrangements and their ecological correlates. *Early Education and Development, 11*, 549-572.
- Gable, S & Lutz, S. (2000). Household, parent, and child contributions to childhood obesity. *Family Relations, 49*, 293-300.
- Gable, S. & Lutz, S. (2001). Nutrition socialization experiences of children in the Head Start program. *Journal of the American Dietetic Association, 101*, 572-577.
- Gable, S. & Hansen, J. (2001). Child care provider perspectives on the role of education and training for quality caregiving. *Early Child Development and Care, 166*, 39-52.
- Cooney, T. & Gable, S. (2001). Chores. In J. Lerner and R. Lerner (Eds.), *Today's teenagers: Adolescence in America*. Denver: ABC-CLIO.
- Gable, S. & Hunting, M. (2001). Child care providers' organizational commitment: A test of the investment model. *Child and Youth Care Forum, 30(5)*, 265-281.
- Gable, S. (2002). Teacher-child relationships throughout the day. *Young Children, 57(4)*, 42-46.
- Gable, S. & Halliburton, A. (2003). Barriers to child care providers' professional development. *Child and Youth Care Forum, 32(3)*, 175-193.

- \* Gable, S., Chang, Y., & Krull, J. L. (2007). Television watching and frequency of family meals are predictive of overweight onset and persistence in a national sample of school-age children. *Journal of the American Dietetic Association*, *107*(1): 53-61.
- Hansen, J. & Gable, S. (July, 2007). Challenges and rewards: Developing an entry-level early childhood training program. *Young Children*, *62*(4), 46-52.
- Gable, S., Rothrauff, T., Thornburg, K., & Mauzy, D. (2007). Cash incentives and turnover in center-based child care staff. *Early Childhood Research Quarterly*, *22*, 363 - 378.
- Gable, S., Krull, J., & Srikanta, A. (2008). Childhood overweight and academic achievement. In H.E. Fitzgerald & V. Mousouli (Eds.) *Obesity in America: Development and Prevention* (Vol 2; pp. 49 - 71). Westport, CT: Praeger Press.
- Gables, S., Britt-Rankin, J., & Krull, J. L. (June, 2008). *Ecological predictors and developmental outcomes of persistent childhood overweight*. Contractor and Cooperator Report No. 42. United States Department of Agriculture, Economic Research Service: Washington, DC.
- \* Gable, S., Krull, J. L., & Chang, Y. (2009). Implications of overweight onset and persistence for social and behavioral development between Kindergarten entry and 3<sup>rd</sup> grade. *Applied Developmental Science*, *13*(2), 88 - 103.
- Gable, S., Rothrauff, T. C., Thornburg, K. R., & Mauzy, D. (2010). Analysis of ongoing participation in an early childhood workforce cash incentive program in the United States. *Early Child Development and Care*, *180*(6), 719-734.
- \* Gable, S., Krull, J.L., & Chang, Y. (2012). Boys' and girls' weight status and math performance from kindergarten entry through fifth grade: A mediated analysis. *Child Development*, *83*(5), 1822-1839.
- Chang, Y., & Gable, S. (2013). Predicting weight status stability and change from fifth grade to eighth grade: The significant role of adolescents' social-emotional wellbeing. *Journal of Adolescent Health*, *52*, 448-455.
- Gable, S., & Tosh, A. (2014). In the clinic with children, youth, and parents: Screening for obesity risk with the spectrum of physical activity. *Missouri Medicine: The Journal of the MO State Medical Association*.
- Heflin, C., Arteaga, I., & Gable, S. (2015). The Child and Adult Care Food Program and food insecurity. *Social Service Review*, *89*(1), 77-98.
- Arteaga, I., Heflin, C., & Gable, S. (2016). The impact of aging out of WIC on food security in households with children. *Children and Youth Services Review*, *69*, 82-96.
- Gable, S. (2018). Obesity and school achievement in children and youth. In In H.E. Fitzgerald & V. Mousouli (Eds.) *Obesity in America: Development and Prevention* (Second Edition; Vol 2, pp. ). Westport, CT: Praeger Press.
- Brueggemann, A., & Gable, S. (2018). Preschoolers' selective sustained attention and numeracy skills and knowledge. *Journal of Experimental Child Psychology*, *171*, 138-147.  
<https://doi.org/10.1016/j.jecp.2018.02.001>

Gable, S., Fozi, A. M., & Moore, A. M. (2021). A physically-active approach to early number learning. *Early Childhood Education Journal*, 49(3), 515-526. <https://doi.org/10.1007/s10643-020-01093-x>

### Under Review

Gable, S., Fozi, A. M., & Weinberg, J. (under review). *State Early Learning Standards for number and operations: Alignment with evidence-based core numerical thinking skills*. University of Missouri, Columbia.

Gable, S., & Keller, K.J.M. (revise and resubmit). *Utility of the Placemat Protocol for evaluating preschool nutrition education activities*. University of Missouri, Columbia.

### Book Reviews

Gable, S. (1999). Something for everyone [Review of the book *The heart of parenting: Raising an emotionally intelligent child*]. *Early Childhood Research Quarterly*, 14, 575-578.

Gable, S. (2000). Review of the book *The Development of Emotional Competence*. *Journal of Social and Personal Relationships*, 17, 293-295.

Gable, S. (2016). Review of the book *Healthy Learners: A Whole Child Approach to Reducing Disparities in Early Education*. Teachers College Record, Date Published: October 11, 2016 <http://www.tcrecord.org> ID Number: 21678, Date Accessed: 10/27/2016 12:27:45 PM.

### Expert Reviewer

Pew Charitable Trusts. (2017). *Healthier Nutrition Standards Benefit Kids: A health impact assessment of the Child and Adult Care Food Program's updated rules for meals and snacks*. Available at: <http://www.pewtrusts.org/en/research-and-analysis/reports/2017/09/healthier-nutrition-standards-benefit-kids>

### **Invited Presentations**

Gable, S. (February, 2006). *Effects of persistent obesity on human capital accumulation of school children*. Presentation for annual Food Assistance Research: Recent Findings and Emerging Issues conference. Economic Research Service, U.S. Department of Agriculture, Washington, DC.

Gable, S., & Rothrauff, T., (April, 2006). *The Impact of Bi-Annual Cash Incentives on Workforce Development in Center-Based Child Care Staff*. Poster presented at the annual meeting of the Child Care Policy and Research Consortium, Washington, DC.

Gable, S. (March, 2010). *Weight bias and children's self-esteem: Causes and consequences from preschool through adolescence*. Presentation for annual Eat Smart NY conference. Albany, NY.

Gable, S. (October, 2010). *Parenting and household factors: Age 2 to 7 years*. Presentation for Early Origins of Child Obesity: Bridging Disciplines and Phases of Development. Children's Memorial Research Center, Feinberg School of Medicine, Northwestern University, Chicago, IL.

Gable, S. (February, 2013). *Family style meal service: Still best practice in child care settings?*  
Presentation for Department of Human Development and Family Studies, University of Illinois,  
Urbana-Champaign.

Gable, S. (September 22, 2014). Why the urgency? Evidence from a longitudinal study of America's  
children. Presentation for the annual SEC Symposium: *Prevention of Obesity: Overcoming a 21<sup>st</sup>  
Century Public Health Challenge*, Atlanta, GA.  
(<https://www.youtube.com/watch?v=ivmqbWR4iN8&feature=youtu.be>).

### **National Conference Presentations (Peer-Reviewed)**

- American Dietetic Association (1998)
- American Educational Research Association (2012, 2013)
- American Population Association (2012)
- American Public Health Association (2012)
- Association for Policy and Public Administration and Management (2012)
- Conference on Human Development (2000)
- Head Start National Research Conference (1996, 2000, 2004, 2008, 2012)
- International Conference on Infant Studies (1990, 1992)
- International Society for the Study of Behavioral Development (1994)
- Midwestern Psychological Association Annual Meeting (2017)
- National Association for the Education of Young Children (2001, 2012, 2016)
- National Research Conference on Early Childhood (formerly Head Start National Research  
Conference; 2018)
- National Youth and Children's Garden Symposium (2017)
- Society for Research in Child Development (1989, 1991, 1993, 1995, 1997, 1999, 2001, 2003,  
2005, 2017, 2021)

### **Significant Extension Program Development, Implementation, and Evaluation Activities**

\*Denotes activities that involved substantial background research, collaboration with local and/or state agency partners, original curriculum development and content acquisition (e.g., live filming in child care programs, interviews with child care providers, and key informant panel discussions), train-the-trainer in-service opportunities and, for most, formal evaluation research.

- 1997 – 1998: \*Child Care Program Administration: Everything BUT the Children
- 1999 – 2001: \*Growing through Education Means Success (GEMS): Preservice Program for Newly-Hired Child Care Providers
- 2003 – 2006: \*Socializing Healthy Habits in Child Care Programs: Nutrition and Physical Activity
- 2010 – 2011: Jump with Jill
- 2010 – 2015: \*Family Style Meals in Child Care
- 2014 – 2015: With Susan Mills-Gray, Manage Team Nutrition Contract with MO Department of Health and Senior Services
- 2015 – 2016: MU Extension Liaison with Nebraska and Penn State for CYTTAP Military Project (with Lisa Wallace, Teresa Mareschal, and Nina Chen)
- 2014 – 2019: \*Healthy Plants/Healthy Bodies

### **Grants and Contracts (funded and pending)**

#### Competitive

*Numeracy experiences at home and preschool as related to number development*, National Institutes of Health (PI: Dave Geary; Co-I: Sara Gable; 8/1/22-6/30/26; \$2,780,412; pending)

*Numeracy experiences at home and preschool as related to number development*, Institute of Education Sciences (PI: Dave Geary; Co-I: Sara Gable; 8/1/22-6/30/26; \$1,700,000; pending)

Numeracy experiences at home and preschool as related to number development, National Science Foundation (PI: Dave Geary; Co-I: Sara Gable; 8/1/22-6/30/26; \$2,471,802; pending)

*An Innovative Model to Increase Primary Care Physicians for Rural and Underserved Missouri*, US Health Resources and Services Administration (PI: Kathleen Quinn; Co-I: Sara Gable; 7/01/21-6/30/22; sub-contract to MU IPP \$470,000)

*Matching need with access: Evaluating the impact of MO Medicaid Expansion during Year 1 and Year 2*, Missouri Foundation for Health (Co-PIs Tracy Greever-Rice, Sara Gable; 5/1/21 – 4/30/24; \$525,303)

*Integrating Physical Activity with Numeracy in the Preschool Classroom*, University of Missouri Research Council (PI: Sara Gable; 2015-2017; \$5,806)

*Developing Garden-based Curriculum for Preschool Science and Math*; College of Human Environmental Sciences: Seeding Interdisciplinary Research Collaborations (PI: Sara Gable, Co-PI, Louis Manfra, Chris Murakami; 2014; \$1,500)

*The States of Child Care*, University of Missouri Research Council, Research Leave (teaching replacement costs; fall, 2012)

*Families with Hungry Children and the Transition from Preschool to Kindergarten*. PI: Colleen Heflin; Co-PIs: Sara Gable and Irma Arteaga. University of Kentucky Poverty Research Center (6/12/11 – 8/31/12; total costs: \$ 45,000)

*Youth and Screen Media in the Bedroom*. PI: Sara Gable; Co-PIs: R. Phillips, A. Tosh. College of Human Environmental Sciences: Seeding Interdisciplinary Research Collaborations (2010; \$857)

*Child Weight Status, Social Development and Academic Achievement During the Elementary School Years: A Longitudinal Analysis Using Data from the Early Childhood Longitudinal Study-Kindergarten Class of 1998 (ECLS-K)*. Project Directors: Sara Gable & Joanne Guthrie. United States Department of Agriculture, Food Assistance and Nutrition Research Programs, Cooperative Research Agreement (project period: 9/1/08 – 12/31/09; no-cost extension through 12/31/11; total costs: \$30,000)

*The States of Child Care*, University of Missouri Research Council, Research Leave and Research Council companion funding (Sara Gable; \$6,906 plus teaching replacement; 09/01/08 – 08/31/09)

*Evaluation of an ALbD Community Intervention in Columbia, MO*, Robert Wood Johnson Foundation (PI: Stephen P. Sayers; Co-I: J. LeMaster, S. Gable, L.A. Thombs, J.M. Kapp; 12/01/06 – 11/30/08; total costs: \$200,000)

*The Impact of Cash Incentives on Early Childhood Workforce Development and Program Quality*, Department of Health and Human Services, Administration for Children, Youth, and Families, Child Care Bureau (PI: Sara Gable; 01/01/05 – 12/31/06; no-cost extension through 9/30/07; direct costs: \$ 93,035)

*The Ecological Predictors and Developmental Outcomes of Persistent Childhood Obesity*, United States Department of Agriculture, Food Assistance and Nutrition Research Program (PI: Sara Gable; Co-I: Jo Britt-Rankin and Jennifer Krull; 1/1/02 - 05/31/05; total costs: \$181,485;)

*Making the Business Case for Employee Child Care Benefits*, The University of Missouri Outreach Development Fund (Project Directors, Sara Gable and Jane Hunter; 1999 – 2001; \$26,684)

*Job Commitment in Home-Based Child Care Providers*, The University of Missouri, College of Human Environmental Sciences, Margaret Mangel Research Catalyst Fund (PI: Sara Gable; 1998; \$750)

*Job Commitment in Center-Based Child Care Providers*, The University of Missouri Office of Research, Research Council Grant (PI: Sara Gable; 1998; \$2,906)

*Identification of Factors in the Family Environment that Correlate with the Development of Obesity in Children*, The University of Missouri Agricultural Experiment Station (PI: Susan Lutz; Co-I: Sara Gable; 1996 – 1998; \$3,000 per year)

*The MO Child Care Enhancement Initiative: Educational and Mentoring Opportunities for Child Care Directors*, MO Department of Health (Project Director, Sara Gable; 11/1/96 - 9/30/97; \$12,896)

*The Missouri Child Care Enhancement Initiative*, the University of Missouri Outreach Development Fund (Project Directors, Sara Gable and Jane Hunter; 1996-1997; \$9,660)

#### Non-Competitive

*Missouri School Climate and Culture Survey*, Missouri Department of Elementary and Secondary (PI: Wayne Mayfield; Consultant: Sara Gable; 7/01/21-6/30/22; \$280,000; pending)

*Program Performance Evaluation Plan for MO's Preschool Development Grant*, Missouri Department of Elementary and Secondary Education (PI: Wayne Mayfield; Consultant: Sara Gable; 4/01/21-12/30/21; \$795,646)

*COVID 19's Impact on the Early Care and Education Workforce*, National Workforce Registry Alliance (PI: Wayne Mayfield; Consultant: Sara Gable; 3/01/21-12/30/21; \$9,000)

*Evaluation of Parentlink's Kinship Navigator Program*, Missouri Department of Social Services to MU Parentlink (Project Director: Sara Gable; 3/01/21-9/30/22; \$250,700)

*Child Care Health Consultation Surveys*, MO Department of Health and Senior Services (PI: Sara Gable; 03/01/07 – 09/01/07; \$1,500)

*Asthma Training Education Materials*, MO Department of Health and Senior Services (PI: Sara Gable; 01/01/07 – 06/30/07; \$1,000 total costs)

*Missouri's Early Care and Education Internet-Based System*, MO Department of Health (PI: Sara Gable; Co-I: Kathy Thornburg; 11/1/01 - 6/30/02; \$107,190)

*Workforce Incentive Pilot Program*, Ewing Marion Kauffman Foundation (PI: Kathy Thornburg; Co-I: Sara Gable; 7/1/01 - 6/30/05; \$4,243,590)

*OPEN (Opportunities for Professional Education Network) Initiative Transition*, Ewing Marion Kauffman Foundation (Project Director, Sara Gable; 6/15/00 - 6/29/01; \$49,500)

*Child Care Provider Preservice Program: Design, Implementation, and Evaluation*, MO Department of Health (Project Director, Sara Gable; 8/1/99 - 6/30/01; \$79,428)



*Statewide Child Care Provider Training Needs Assessment*, MO Department of Health (PI: Sara Gable; 5/1/98 - 11/30/98; \$69,372)

*Adult-Child Relations in Child Care Settings: College Course for Child Care Providers via Interactive Television*, MO Department of Health (Project Director, Sara Gable; 2/1/98 - 10/31/98; \$14,176)

*The MO Financial Resources for Child Care Training - Mapping Project*, Metropolitan Council on Child Care, Mid-America Regional Council (Project Director, Sara Gable; 1/97 - 8/97; \$3,550)

## Undergraduate Teaching at MU

### Undergraduate Instruction

- Fall 1998 HDFS 318: *Adult-Child Relations in Child Care Settings* (course taught via interactive television with students at MU, UMSL, and the Delta Center in Portageville; n= 45 total students)
- Fall 2004 HDFS 2400: *Principles of Human Development* (n=200 students; Writing Intensive)
- Spring 2014, 2015, and 2016: WGST 3150 *Women, Work, and Child Care* (n=25 to 30 students)
- Spring 2011 – 2020: NEP2222 *The Landscape of Obesity* (n=38 to 199 students)

## Student Mentoring and Research Supervision at MU

### Formal Undergraduate Advising

- Christa Minks (B.A. with Honors, Psychology, 1997); Faculty Advisor for the College of Arts and Science, Summer Research Mentorship Program (Summer, 1996)
- Dina Vatcha (Inter-disciplinary B.A. in HDFS, Psychology, and Sociology, 1997). Faculty Advisor, Senior Capstone Thesis
- Alicia Brueggemann (B.A. with Honors, Psychological Sciences, 2017). Faculty Advisor, Senior Capstone Thesis

### Graduate Advising

<b>Major Professor</b>			
<b>Year</b>	<b>Student</b>	<b>Department</b>	<b>Degree</b>
1999	Nicki Bedow	HDFS	MA
2004	Amy Halliburton	HDFS	PhD
2003	Jessica Johnson	HDFS	MA
2008	Melissa Scheer	HDFS	MA
2009	Ashley Blake	HDFS	MA
2019	Judith Mutamba (co-chair with Dr. Jill Kanaley)	NEP	MS

<b>Committee Member</b>			
<b>Year</b>	<b>Student</b>	<b>Department</b>	<b>Degree</b>
1999	Scott Cook	Psychology	PhD
1999	Michelle Stuerman	HDFS	MA
1999	Maradith Jackson	HDFS	MA
2000	Shelly Grabe	Psychology	MS
2000	Mike Jones	Psychology	MS

2000	Cynthia Schaeffer	Psychology	PhD
2000	Chrissie Dickson	HDFS	MA
2001	Nikole Cronk	Psychology	MS
2002	Joan Turner	HDFS	PhD
2002	An Jeong-Shin	HDFS	PhD
2002	Sheila Brookes	HDFS	PhD
2002	Lance Swenson	Psychology	MS
2002	Courtney Bagge	Psychology	MS
2002	Amy Damashek	Psychology	MS
2003	Scott Ronis	Psychology	MS
2003	Jenny Larkins	Psychology	MS
2003	Stephanie Steppe	Psychology	MS
2005	Yiting Chang	HDFS	PhD
2005	Valeri Lane	HDFS	PhD
2006	Nikole Cronk	Psychology	PhD
2006	Lance Swenson	Psychology	PhD
2006	Marika Solhan	Psychology	MS
2006	Julie Howenstein	HDFS	MA
2006	Stephanie Steppe	Psychology	PhD
2007	Amy Damashek	Psychology	PhD
2008	Scott Ronis	Psychology	PhD
2008	Courtney Bagge	Psychology	PhD
2008	Aaron Sawyer	Psychology	MS
2009	Catherine Coakley	HDFS	MA
2008	Katie Knop	Sociology	MS
2010	Alison Levitch	HDFS	PhD
2010	Marika Solhan	Psychology	PhD
2010	Katherine Ball	HDFS	PhD
2010	Darajun Abel	HDFS	MA
2010	Shannon Cromwell	HDFS	MA
2010	Erin Taylor	Psychology	MS
2010	Yi Mou	Psychology	MS
2012	Leah Richmond-Rickard	Psychology	MS
2012	Claire Cook	HDFS	PhD
2014	Pamela Evans-Smith	Nursing	PhD
2014	Ben Johnides	Psychology	MS
2016	Erin Taylor	Psychology	PhD
2017	Kaitlin Sheerin	Psychology	MS
2017	Leah Richmond-Rickard	Psychology	PhD
2017	Andrea Wikiera	HDFS	MA
2018 – present	Jaclyn Valadka	Psychology	MS
2018	Carmona Estrella	HDFS	MA
2018 – present	Christal Davis	Psychology	MS
2020	Ben Johnides	Psychology	PhD
2019	Mandiza Dinah Ngwenya (University of Pretoria, South Africa)	Education	PhD
2020	Jillian Barnas	NEP	PhD
2019	Jack Brown	Education	PhD

**Undergraduate and Graduate Student Research, Teaching, and Extension Supervision**

\*Denotes students who have presented research posters at the MU Undergraduate Research and Creative Activities Forum, held annually at the Bond Life Sciences Center.

<b>Year(s)</b>	<b>Name, Title, Home Department</b>	<b>Project</b>
1997- 1999	Melissa Baldwin, URA, Human Development and Family Studies	<i>Job Commitment in Center- and Home-Based Child Care Providers</i>
1997 - 1998	Dominic Licata, URA and Work Study Student, Marketing	<i>Job Commitment in Center-and Home-Based Child Care Providers</i>
1997 - 1998	Dionna Rodgers, URA, Coordinated Program in Dietetics	<i>Identification of Factors in the Family Environment that Correlate with the Development of Obesity in Children</i>
1998 (SP)	Angie Sinak, URA, Human Development and Family Studies	<i>Job Commitment in Center-and Home-Based Child Care Providers</i>
1998 (SP)	April Dougherty, URA, Elementary and Secondary Education	<i>Job Commitment in Center-and Home-Based Child Care Providers</i>
1998 - 1999	Kelly Cole, Extension Associate, Human Development and Family Studies	<i>Child Care Provider Preservice Program: Design, Implementation, and Evaluation</i>
1999 – 2000	Susie Cable, GRA, Human Development and Family Studies	<i>Child Care Provider Preservice Program: Design, Implementation, and Evaluation</i>
1999 – 2000	Scott Harper, GRA, Human Development and Family Studies	<i>Child Care Provider Preservice Program: Design, Implementation, and Evaluation</i>
1999 – 2001	Joanna Hansen, URA, Human Development and Family Studies	<i>Child Care Provider Preservice Program: Design, Implementation, and Evaluation</i>
2002 – 2003	Lilian Tang, URA, Human Development and Family Studies	<i>The Development of Toddler Eating and Activity Habits</i>
2001 – 2003	Amy Halliburton, GRA, Human Development and Family Studies	<i>The Ecological Predictors and Developmental Outcomes of Persistent Childhood Obesity</i>
2003 – 2004	Kate Gardener, URA, Human Development and Family Studies	<i>The Development of Toddler Eating and Activity Habits</i>
2004 – 2005	Alison Levitch, Extension Associate and GRA, Human Development and Family Studies	<i>The Development of Toddler Eating and Activity Habits</i>
2006 (Summer)	Dandan Liu, GRA, Department of Statistics	<i>The Impact of Cash Incentives on Early Childhood Workforce Development and Program Quality,</i>
2003 – 2005	Yiting Chang, GRA, Human Development and Family Studies	<i>The Ecological Predictors and Developmental Outcomes of Persistent Childhood Obesity</i>
2006 – 2007	Tanja Rothrauff, GRA, Human Development and Family Studies	<i>The Impact of Cash Incentives on Early Childhood Workforce Development and Program Quality; Child Care Health Consultation Surveys</i>
2006 (Fall)	Arathi Srikanta, URA, Psychology	<i>Library research assistant (see Gable, S., Krull, J., &amp; Srikanta, A. 2008).</i>

2006 – 2007	Melissa Scheer, Extension Associate, Human Development and Family Studies Extension	<i>Assisted with revising Child Care Program Administration: Everything BUT the Children child care workshop modules.</i>
2006 – 2008	Alicia Boatwright, GRA, Human Development and Family Studies	<i>The States of Child Care: Building a Better System</i>
2007 – 2009	Ashley Blake Extension Associate, Human Development and Family Studies Extension	<i>Encouraging Young Scientists (workshop for child care providers); with my supervision, provided support and technical assistant to MU Extension HDFS county faculty during my Research Leave of 2008-2009.</i>
2007 (Summer)	April Allen	<i>Participant in Emerge Summer Undergraduate Research Program, University of Missouri, Columbia, Graduate School</i>
2007 (Summer)	Ambrosia Kennedy	<i>Participant in Emerge Summer Undergraduate Research Program, University of Missouri, Columbia, Graduate School</i>
2008 (Summer)	Lauran Johnson	<i>Participant in Emerge Summer Undergraduate Research Program, University of Missouri, Columbia, Graduate School</i>
2009 (Spring)	Shannon Cromwell, GRA, Human Development and Family Studies	<i>The States of Child Care: Building a Better System</i>
2010 (Spring)	Jennifer Weedon, URA, Social Work	<i>The States of Child Care: Building a Better System</i>
2010 (Summer and Fall)	Brooke Guinn, URA, Pre-Physical Therapy	<i>Youth and Screen Media in the Bedroom</i>
2010 - 2011	Claire Cook, Extension Associate, Human Development and Family Studies	<i>Family Style Meals in Child Care</i>
2011 – 2012	Erin Egan, Extension Associate, Human Development and Family Studies	<i>Family Style Meals in Child Care</i>
2011 – 2012	Qingqing Ji, GRA, Truman School of Public Administration	<i>Families with Hungry Children and the Transition from Preschool to Kindergarten</i>
2011 (Spring)	Justin Fletcher, GTA, Nutrition and Exercise Physiology	<i>NEP2222 The Landscape of Obesity</i>
2012, 2013, 2014 (Spring)	Monica Kearney, GTA, Nutrition and Exercise Physiology	<i>NEP2222 The Landscape of Obesity</i>
2015 and 2017 (Spring)	Terese Zidon, GTA, Nutrition and Exercise Physiology	<i>NEP2222 The Landscape of Obesity</i>
2015 – 2017	* Alicia Brueggemann, URA, Psychological Sciences	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>
2015 – 2016	* Emily Konacek, URA, Nutrition and Exercise Physiology (recipient of	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>

	<i>Program for Undergraduate Research Experiences</i> funding)	
2015 – 2016	* Mackenzie Mertens, URA, Biological Sciences	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>
2015 – 2018	* Shahrukh Naseer, URA, Biological Sciences	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom; Healthy Plants/Healthy Bodies pilot evaluation</i>
2015 – 2018	Sara Hughes, Extension Associate, Family Impact Center	<i>Healthy Plants/Healthy Bodies program development and pilot implementation</i>
2016 (Spring)	Jess Gwin, GTA, Nutrition and Exercise Physiology	<i>NEP2222 The Landscape of Obesity</i>
2016 – 2018	* Jaime Gottlieb, URA, Nutrition and Exercise Physiology (recipient of <i>Program for Undergraduate Research Experiences</i> funding)	<i>Healthy Plants/Healthy Bodies pilot evaluation</i>
2016 – 2018	* Rebecca Jennings, URA, Nutrition and Exercise Physiology	<i>Healthy Plants/Healthy Bodies pilot evaluation</i>
2016 – 2017	* Caitlin Tatarek, URA, Biological Sciences	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>
2016 – 2018	* Leenah Mustafa, URA, Nutrition and Exercise Physiology (recipient of <i>Nutrition and Exercise Physiology Research Internship</i> funding)	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom; Healthy Plants/Healthy Bodies pilot evaluation</i>
2017 – 2018	* Mubinah Khaleel, URA, Nutrition and Exercise Physiology	<i>Healthy Plants/Healthy Bodies pilot evaluation</i>
2016 – 2018	* Minna Oba, URA, Nursing	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>
2016 – 2019	* Rachael Marlar, URA, Health Sciences	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom; Healthy Plants/Healthy Bodies pilot evaluation</i>
2016 – 2019	* Becki Ernst, URA, Nutrition and Exercise Physiology (recipient of <i>Nutrition and Exercise Physiology Research Internship</i> funding)	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom; Healthy Plants/Healthy Bodies pilot evaluation</i>
2016 – 2019	* Sarah Hooper, URA, Biological Sciences	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom; Healthy Plants/Healthy Bodies pilot evaluation</i>
2016 – 2019	* Devesh Kumar, URA, Biochemistry	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom; Healthy Plants/Healthy Bodies pilot evaluation</i>
2017 – 2019	Caitlyn McGuire, Extension Associate, Agribusiness Management	<i>Technical support for scheduling and closing state-approved child care workshops at the MO Child Care Aware Training Calendar.</i>
2018 (SP) – 2019 (SP)	Judith Mutamba, GTA, Nutrition and Exercise Physiology	<i>NEP2222 The Landscape of Obesity</i>
2018 – present	Afiah Mohd Fozi, GRA, Educational Psychology	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>
2018	Sophie Kuhl, URA, Biological Sciences	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>

2018 – 2020	Gerardo (Tito) Plaza, URA, Nutrition and Exercise Physiology	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>
2018 – 2020	Gage Crum, URA, Biological Sciences	<i>Integrating Physical Activity with Numeracy in the Preschool Classroom</i>

## Professional Service and Extension Consultation

### National Service

- September, 2001: Invited Workshop Participant, United States Department of Agriculture, Economic Research Service, Food Assistance and Nutrition Research Program
- August, 2001: Grant Review Panel, Field-Initiated Research Program, United States Department of Health and Human Services, Administration for Children, Youth, and Families, Child Care Bureau
- June, 2004; July, 2005; June, 2007; May, 2010: Grant Review Panel, United States Department of Agriculture, Economic Research Service, Food Assistance and Nutrition Research

### State of Missouri

- 1996: Consultation with Gordon Howard, Supervisor of Volunteer Services, MO Department of Corrections, Division of Human Services/Special Services.
- 1997: Project Construct National Center; participated in a daylong planning session.
- 1997: Jefferson City, MO: Reviewed grant applications for the Department of Health, Bureau of Nutrition and Child Care Programs
- 1996 – 2015: Member, Missouri Head Start State Collaboration Office Advisory Council
- 1996 – 2004: Member, Opportunities in a Professional Experiences Network (OPEN)
- 1997 – 2002: Member, Missouri Department of Health Child Care Advisory Board
- 1998 – present: Informal consulting relationship with the Department of Health, Bureau of Nutrition and Child Care Programs
- 1998 – 1999: Member, Citizen's for Missouri's Children *Early Learning Information Online Together* Data Cabinet
- October 1998: Reviewed Child Care Provider Training grants for MO Department of Health
- 1998 – 2000: Co-chair, Missouri Head Start State Collaboration Office Advisory Council
- January 1999: Consulted with Horizon Research Services on design of child care market survey being conducted for the MO Department of Social Services, Division of Family Services.
- 1999: Chair, Search Committee, Missouri Head Start State Collaboration Office Director
- 1999: Member, Search Committee, Missouri Head Start State Collaboration Office Assistant Director
- 1999 – 2000: Co-Chair, Missouri Head Start State Collaboration Office Advisory Council
- 2000: Reviewer, MO Department of Health, Child and Adult Care Food Program Nutrition Competencies
- 1999 – 2005: Member, Missouri Department of Social Services Accreditation Review Team
- December, 2005: Began planning with state agency collaborative group led by Cindy deBlauw of the MO Department of Health and Senior Services, to revise "Socializing Healthy Habits: Nutrition and Physical Activity" for delivery to child care providers participating in the Child and Adult Care Food Program
- August, 2006: Met with state partners to brainstorm future Extension programming and collaborations. Attendees: Pamela Speer (DOH), Brenda Bell (UOE), Stacey Owsley (MOHSSCO), Tara Hawkins (MO-CCRR), Doris Hallford (DSS), Cindy Reese (DSS), and myself.
- 2007-2008: Extension representative to MO Department of Health and Senior Services *Early Childhood Comprehensive Systems Steering Committee*
- 2008: UM Extension representative to Department of Health and Senior Services Training Approval

#### Committee

- 2009 – 2010: Extension representative to MO Coordinating Board for Higher Education, Early Childhood Committee, Professional Development Subcommittee
- 2010 – present: Member, MO Council on Activity and Nutrition, Schools and Child Care Subcommittee
- Summer, 2011: Assisted with program evaluation for I am Moving/I am Learning w/ Ann McCormack, Bureau Chief of Community Nutrition Programs, MO Department of Health and Senior Services
- 2013: Assisted MO Department of Health and Senior Services, Child and Adult Care Food Program to develop MOve Smart MO
- 2014: Informal consultation with Megan Klenke of Child Care Aware of MO on new project: Taking Steps to Healthy Change

#### Cooperative Extension (State and National)

- 1996 – present: Leader and Co-Leader, MU Extension Child Care Base Program Team: *Building Better Child Care for MO* and *Child Care Wellness* (includes MU Extension HDFS and NHE county faculty)
- 1996 – 1997: Parentlink Coalition Member
- 1998 – 1999: Parentlink *I am your Child* subcommittee
- 1999: Member, *Farm First Crisis Team*, University of Missouri, Outreach and Extension
- 1999 – 2001: Member, National Network for Child Care, USDA
- 1999 – 2001: Advisory Board Member, *Preparing to Parent* newsletter series (University of Wisconsin Extension and Michigan State University)
- 2006 – 2007: Consultation with Ellen Schuster, Cindy deBlauw, Robin Gammon, and Karen Sherbondy on revisions to MU Extension FNEP pre-kindergarten curriculum
- 2007: Invited member for Campus Listening Sessions, MU Extension
- 2008: Consultation with Jane Hunter on Community Child Development Center; provided technical assistance and consultation with securing resources
- Spring, 2008: Assisted with grant preparations for *Integrated Community Based Extension Intervention and Undergraduate Education to Curb Childhood Obesity in North Central Region Rural Areas* (prepared by MU Extension for USDA NRI)
- November – December, 2018: Technical Assistance to 4 MU Extension HDFS County Faculty for individual grant submissions to Child Care Aware of Missouri

#### Campus Service (University of Missouri, Columbia)

- Spring, 1999: Assisted Extension Teaching with developing and marketing new Child Care Director Certificate program.
- 2001 – 2004: College of Human Environmental Sciences Representative to University Faculty Council
- 2001 – 2002: Faculty Council Representative, Recruitment and Retention Subcommittee of Enrollment Management Committee
- 2003 – 2006: Member, University of Missouri, Office of Research, Research Council
- 2004 – 2005: Chairperson, University of Missouri, Office of Research, Research Council
- 2006 – 2009: Member and Recorder, Chancellor's Intercollegiate Athletics Committee
- 2006 – 2009: Member, University of Missouri, Office of Research, Faculty Advisory Committee
- 2006 and 2007: Selection committee: Provost's Award for Creative Extension Programming and Fancher Award for Outstanding Achievement in Extension and Continuing Education
- 2009 – 2014: Member, University of Missouri, Office of Research, Institutional Review Board (IRB)

- April, 2011: Selection committee: Provost's Award for Creative Extension Programming
- March, 2012: Co-Chair, University of Missouri, Life Sciences and Society Program Annual Symposium, *Food Sense*
- 2013 – 2016: Member and Chair, Chancellor's Family Friendly Campus Committee
- 2013 – 2016: Member, Mizzou Advantage Childhood Obesity Initiative (2013 – 2016)
- 2013: Member, Symposium Planning Committee, "A Healthy and Fit Missouri: Innovative Discoveries and Promising Practices"
- Fall, 2014 – 2016: Member, Mizzou Advantage Pediatric Psychology Search Committee
- 2015 – 2016: Member, University of Missouri, Office of Research, Research Council

#### Department and College Service

- October, 1997: Host and Coordinator, HDFS Annual Advisory Board Meeting
- 1998 – 2001: Member, HDFS Library Committee
- 1998 – 1999: Member, HDFS Search Committee (hired Amanda Kowal)
- 1999 – 2002: Chair, HDFS Awards Committee
- 1999 – 2000: Co-Chair, HDFS Child Development/Child Health Search Committee (hired Pamela Raya-Carlton)
- 2000: Member, Child Development Lab Instructor Search Committee
- 2001 – 2004: Faculty Council Representative to College of Human Environmental Sciences Administrative Staff Council (ASC)
- 2001 – 2004: Faculty Council Representative to College of Human Environmental Sciences Faculty Council on College Policy (FCCP)
- 2003: Search Committee Member, Associate Dean for Extension and Research, College of Human Environmental Sciences (hired Jo Britt-Rankin)
- 2004 – 2005: Member, HDFS Child Life Search Committee (hired Russ Ravert)
- 2005 – 2006; 2006 – 2007: Member of College awards selection committee
- 2006 – 2007: Chair, HDFS Departmental Promotion and Tenure Committee
- 2009 – 2010: Member, HDFS Bylaws Committee
- 2009 – 2010: Chair, Child Development Assistant Professor Search Committee (hired Louis Manfra)
- 2011 – 2012: Co-Chair, Department of Nutrition and Exercise Physiology, Annual Nutrition and Exercise Research Week
- 2015 – 2017: Member, Search Committee for Dean of the College of Human Environmental Sciences (hired B. Sanford Rikoon)
- 2017 – 2020: Member, Graduate Admissions Committee, Department of Nutrition and Exercise Physiology
- 2018 – 2020: Chair, Nutrition and Exercise Physiology Promotion and Tenure Committee
- 2021 – 2022: Chair, Truman School of Government and Public Affairs, Mizzou Forward departmental hiring committee

#### **Editorial and Reviewer Activities**

1998 – 2000: *Family Relations* (Editorial Board member)

#### Ad-Hoc Reviewer

BioMed Central; Child and Youth Care Forum; Child Development; Contemporary Clinical Trials; Developmental Psychology; Early Childhood Education Journal; Early Childhood Research Quarterly; Early Education and Development; Journal of Adolescent Health; Journal of Experimental Child Psychology; Journal of Family Issues; Journal of Health Education and Nutrition; Journal of Hunger and



Environmental Nutrition; Journal of Nutrition Education and Behavior; Journal of Pediatrics; Journal of Sport and Health Science; Maternal and Child Health Journal; Mathematical Thinking and Learning; New Mexico State University Extension; Pediatrics; Social Science and Medicine; University of Kentucky Family and Consumer Sciences Extension; University of Nevada Cooperative Extension