MISSOURI TEEN PREGNANCY PREVENTION
A Longitudinal Analysis of the Missouri Personal Responsibility Education Program (PREP)

WHAT IS PREP?
Missouri’s Personal Responsibility Education Program (PREP) is implemented by the Department of Health and Senior Services (DHSS). The goal of PREP is to educate youth through evidence based teen pregnancy prevention.

PREP ANALYSIS 2011-2016
2574
72%
Youth completed the MO PREP program.
Of PREP counties rank at the highest risk for teen pregnancy.

Since 2011, Missouri PREP has implemented three different curricula:

- Making a Difference
- Teen Outreach Program
- Becoming A Responsible Teen

The program focuses on increasing youth knowledge regarding pregnancy and HIV and decreasing the intent to have sex. PREP focuses on communities with the greatest need and most vulnerable youth.

35%
PREP program completion rates are steadily increasing over time.

FINDINGS
Based on the annual community readiness assessment, community attitudes are more positive toward teen pregnancy prevention.

The number of youth participating in teen pregnancy prevention are currently at an all-time high.

There is significant evidence of increased knowledge as a result of participation in the program.

PROGRAM IMPLEMENTATION
695

65%
Of youth complete the program, on average. (Attending 75% or more).

DISCUSSION
RECOMMENDATIONS TO IMPROVE PREP FACILITATION:
More youth participation and input opportunities.
Continued emphasis on self-efficacy components.
Expand the number of communities implementing PREP and increase outreach to foster youth.
Review existing communities at all stages of readiness for teen pregnancy prevention.

CONDUCT ANALYSIS OF LONGITUDINAL YOUTH.
INCENTIVIZE YOUTH ATTENDANCE AND ENGAGEMENT.
EXPAND SUPPORT FOR FUTURE EXPANDED PROGRAMMING.
SUSTAINED GROWTH OF TEEN PREGNANCY PREVENTION EFFORTS.

LONGITUDINAL FINDINGS
African American youth and younger youth are more likely to state that they are respectful toward others and that they will get more education after high school.

Female youth are more likely to state that they can share ideas that matter with a parent or guardian.

Male youth are more likely to say that they know how to manage stress.