

# Personal Responsibility Education Program (PREP)

<p style="text-align: center;"><b>Program Description</b></p> <p>The goal of Missouri's PREP is to educate and support adolescents (ages 12-18) to make informed decisions, develop life skills, and practice healthy behaviors to prevent teen pregnancy. PREP funding must be used to support approved evidence-based programs that educate adolescents on <u>both</u> abstinence and contraception to prevent pregnancy and sexually transmitted infections (STIs) including HIV/AIDS. Importantly, these programs must address adult preparation subjects (healthy relationships, adolescent development, healthy life skills, and educational success).</p> <p>Missouri's PREP funding is targeted in areas deemed to have the highest risk of teen pregnancy based on compiled county level data on teen pregnancy, birth rates, incidences of STIs and HIV, as well as economic and education indicators associated with teen pregnancy. Currently, there are 12 contracts including 4 specifically serving youth in foster care. DHSS also contracts with the University of Missouri/Institute of Public Policy (IPP) to provide evaluation services, training, and technical assistance to contractors implementing local programs.</p>	<p style="text-align: center;"><b>Statistics and Data</b></p> <ul style="list-style-type: none"> <li>The percentage of high school students who ever had sexual intercourse decreased significantly from 46.7 percent in 2005 to 37.7 percent in 2015.<sup>1</sup></li> <li>Missouri rate of teen pregnancy among females ages 15-17 per 1000 decreased from 23.9 in 2009 to 9.3 in 2016.<sup>2</sup></li> <li>According to national studies, girls in foster care are 2.5 times more likely than their peers who are not in foster care to get pregnant by the age of 19. Half (50%) of all 21 year old men aging out of foster care report that they have gotten someone pregnant compared to 19% of their peers not in the system.</li> </ul> <p style="text-align: center;"><b>2017 Data from Missouri PREP Contractors<sup>3</sup></b></p> <ul style="list-style-type: none"> <li>503 adolescents participated</li> <li>57 evidence-based programs were conducted by local contractors</li> <li>Just over 21% of youth participants were in foster care</li> <li>Race of youth participants: 52% African-American; 43% White; 3% Hispanic; 2% Other</li> <li>Overall, PREP youth participants had a statistically significant increase in their knowledge regarding pregnancy, STIs, and HIV as well as intention to avoid sexual intercourse.</li> </ul>
<p style="text-align: center;"><b>Target Populations</b></p> <ul style="list-style-type: none"> <li>Adolescents, ages 12-18, who live in counties and communities with highest rates of teen pregnancies and births, STIs, and other related economic and education indicators.</li> <li>Youth, ages 14-18, in and aging out of foster care.</li> </ul>	<p style="text-align: center;"><b>Federal Funding</b></p> <p>Patient Protection and Affordable Care Act authorized the Personal Responsibility Education Program (PREP) which is administered at the federal level by the U.S. Department of Health and Human Services. Continuation grant funding has been awarded through September 2018.</p>
<p style="text-align: center;"><b>Program Eligibility</b></p> <ul style="list-style-type: none"> <li>PREP funding is targeted to 50 highest need areas of the state. Public and private organizations in these areas, as well as agencies that serve youth in foster care are eligible to apply for funding.</li> </ul>	<p style="text-align: center;"><b>Services and Accomplishments</b></p> <ul style="list-style-type: none"> <li><b>PREP contracts (12)</b> offer programs to adolescents in high need counties/communities, including youth in foster care. <u>Contractors include:</u> Epworth, Hickory County Health Department, Jackson County Health Department, Local Investment Corporation (LINC), Lincoln University, Mexico School District, Mississippi County Health Department, Morgan County R-I School District, Pettis County Health Center, Preferred Family Healthcare, The Community Partnership, Winona School District, and Washington County Health Department.</li> <li><b>University of Missouri/Institute of Public Policy</b> contract supports evaluation (process, fidelity, outcome, and community capacity) and technical assistance for PREP contractors.</li> <li><b>DHSS Adolescent Health Program provides training and ongoing technical assistance</b> for the three evidence-based programs approved for Missouri's PREP which include:             <ul style="list-style-type: none"> <li>Teen Outreach Program (TOP)</li> <li>Making Proud Choices (MPC)</li> <li>Becoming a Responsible Teen (BART)</li> </ul> </li> </ul>
<p style="text-align: center;"><b>Program History</b></p> <ul style="list-style-type: none"> <li>On March 23, 2010, the President signed into law the Patient Protection and Affordable Care Act, which included a new formula grant program entitled the Personal Responsibility Education Program (PREP).</li> <li>In response to this funding opportunity, Governor Jay Nixon designated the DHSS as the lead state agency to prepare the grant application and coordinate the PREP in Missouri.</li> <li>In 2010, Missouri was awarded the initial PREP grant with subsequent continuation funding awards through September 2018.</li> <li>In 2012, 17 contracts were awarded to begin implementing and evaluating local evidence-based healthy youth development and teen pregnancy prevention programs.</li> <li>Missouri's PREP has been recognized as one of the top state programs for developing a well planned PREP program that integrates ongoing evaluation, training and technical assistance to support local contractors, and was invited to present at the national PREP conference in 2013 on this subject.</li> </ul>	<p style="text-align: center;"><b>Contact Information</b></p> <p>Andra Jungmeyer, Adolescent Health Coordinator          Missouri Department of Health and Senior Services          Bureau of Community Health &amp; Wellness          P.O. Box 570          Jefferson City, MO 65102-0570          Phone: 573.526.0210          E-mail: <a href="mailto:andra.jungmeyer@health.mo.gov">andra.jungmeyer@health.mo.gov</a></p>
<p style="text-align: center;"><b>Data Footnotes</b></p> <ol style="list-style-type: none"> <li>Centers for Disease Control and Prevention (CDC), 2005 and 2015 Youth Behavior Risk Factor Survey results.</li> <li>Missouri Department of Health and Senior Services, vital statistics, 2009 and 2016 (provisional).</li> <li>Data reports submitted by Personal Responsibility Education Program (PREP) contractors, October 2017.</li> </ol>	