



# Missouri State Adolescent Health Program

**Missouri adolescents will be healthy, safe and successful!**

## Overview

The Adolescent Health Program addresses various adolescent health issues including positive youth development and teen pregnancy prevention. The Program provides consultation, education, training, technical assistance and resources for health professionals, school personnel, parents, adolescents, state agencies and community organizations. The Council for Adolescent and School Health (CASH), coordinated by the Adolescent Health Program, assists the Department in identifying adolescent health priorities, promoting strategies to reduce health risks to adolescents and promoting healthy youth development.

### Program History

- In 1997, the Adolescent & School Health Task Force was formed to develop an adolescent program plan.
- In 2000, the Department established a full-time State Adolescent Health Coordinator position. The Task Force was established as the Council for Adolescent and School Health (CASH).
- In 2005, CASH developed the State Framework for Promoting the Health of Adolescents and provided input for the Department’s Strategic Plan.
- In 2010, Missouri was awarded the Personal Responsibility Education Program (PREP) federal grant to replicate evidence-based teen pregnancy prevention education programs.
- In 2011, the Adolescent Health Program and Office on Women’s Health spearheaded the development of the Teen Pregnancy Prevention Systems Logic Model to address this issue as a state public health priority.
- In 2011, the Adolescent Health Program became a certified Wyman Teen Outreach Program (TOP) Replication Partner to directly provide training and technical assistance for contractors and partners replicating TOP.
- In 2015, the Abstinence Education Grant Program (AEGP) was moved under the Adolescent Health Program to provide a more cohesive approach to teen pregnancy prevention.
- In 2016, a CASH curriculum review committee was established. This committee reviewed pregnancy prevention curricula options and five evidence-based curricula were selected as quality programming for Missouri’s pregnancy prevention dollars.



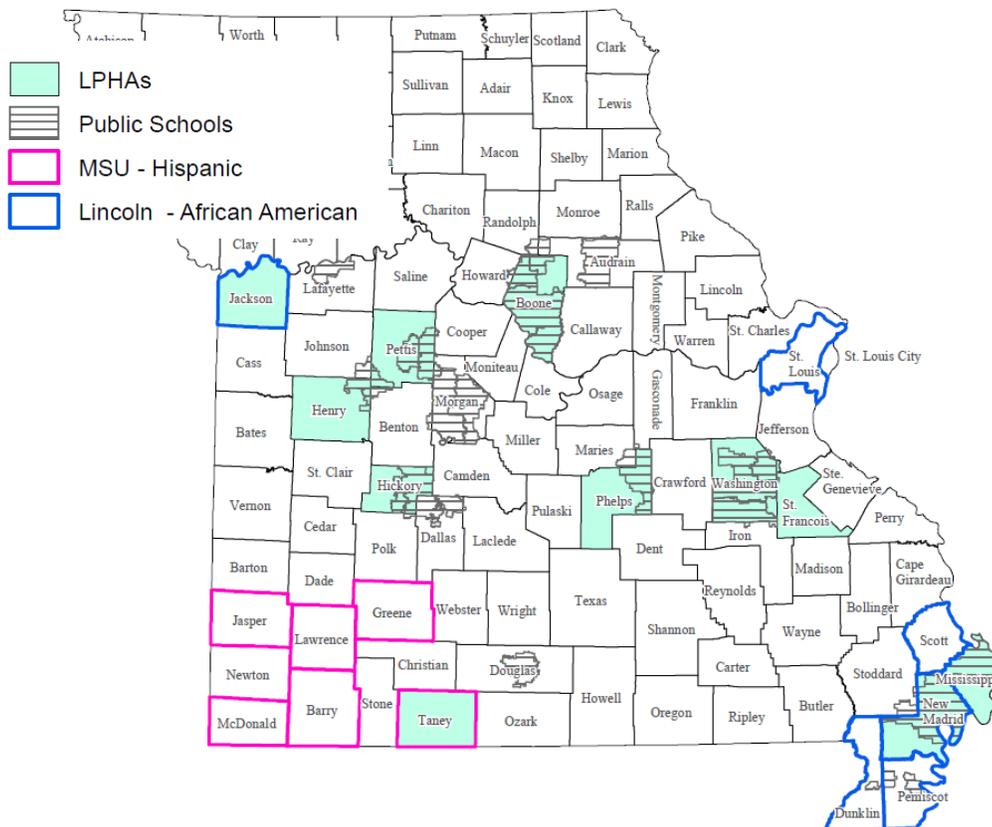
**The transition from childhood to Adulthood is one of the most dynamic stages of human development. It is a time of marked physical, emotional, and intellectual changes, as well as changes in social roles, relationships and expectations.**

**Adolescents are not just teenagers. Adolescents and young adults include 10-24 year olds in three developmental stages: early adolescence (10-14 years of age), middle adolescence (15-17 years of age), late adolescence and young adulthood (18-24 years of age).**



Contracts and services currently provided by Adolescent Health include:

- **Evidence-based healthy youth development programs, training and contracts.** Programs address adult preparation subjects including adolescent development, healthy relationships, life skills and parent/adolescent communication.
- **Contracts** are in place with local public health agencies (LPHAs), universities, school districts and social services agencies to implement quality pregnancy prevention and youth development programming. See map below.
- **University of Missouri/Institute of Public Policy** contract supports evaluation and technical assistance for PREP and AEGP contractors.
- **Professional development stipends** are provided each year to staff of school districts around the state to increase knowledge of adolescent related health risk and resources.
- **Conference scholarships** are provided as funding is available to LPHAs to local conferences with topics around adolescent health



**Funding Sources**  
The Adolescent Health Program draws current funding from three

federal grants including the Maternal Child Health (MCH) Block Grant, the Personal Responsibility and Education Program (PREP) Grant, and the Abstinence Education Grant Program (AEGP). Personnel, travel, and supply costs for the Adolescent Health Team are funded through all three funding sources. Contract funds for sub-awards/contracts are currently funded in the amounts of \$118,000 (MCH), \$830,301 (PREP), and \$1,235,613 (AEGP). There is no state funding currently supporting adolescent health efforts at DHSS.

## Partners and Stakeholders

The Adolescent Health Program has a number of partners and stakeholders that play an important role in the health of adolescents across Missouri.

- **Council for Adolescent and School Health (CASH)** – The CASH is the advising body to help drive decisions made within the Program, as well as a tool used by the program to disseminate resources, funding opportunities and education to interested parties. The CASH is made of up DHSS programs, other state agencies (like Social Services, Education, Mental Health, etc.), LPHAs, and school district personnel. CASH has even tried to include youth as advisors and will be working toward that effort in the coming year.
- **Coalitions, organizations and conference committees** – The Program partners with a number of coalitions, organizations and committees to ensure that the special needs of the adolescent population are represented throughout the state’s conferences, agencies and special projects. Examples of these partnerships include the Coordinated School Health Coalition, ACT Missouri, Missouri Injury and Violence Prevention Advisory Council, Teen Pregnancy and Prevention Partnership (TPPP), Region VII Adolescent Health Conference, Miller County Cares Coalition, and others.

